



Perri inspires active kids

Team GB athlete visits Hermitage

SEE PAGE 2



Transforming St Clement's

Affordable homes from city's first community land trust

SEE PAGES 20 & 21



Remember Bagpuss?

Much-loved TV cat joins the Clangers at museum

SEE PAGES 24 & 25

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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY



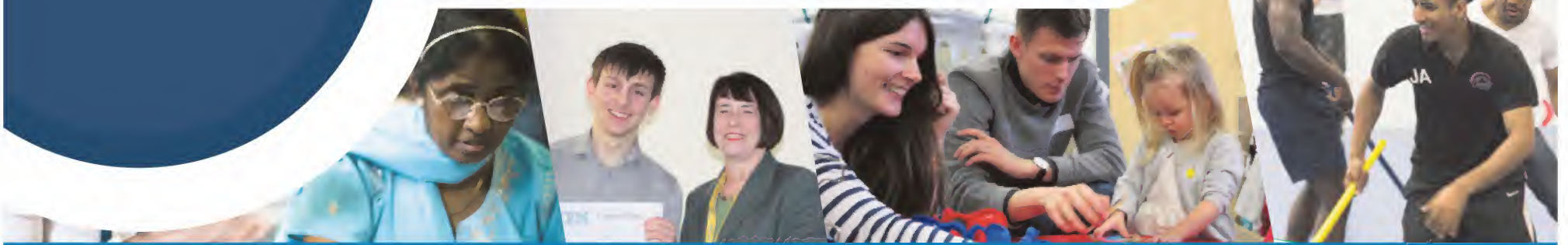
None of our work or success could be possible without support from the whole community. We would like to take this opportunity to acknowledge the dedication and ongoing partnership of all those we work with.

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City Gateway is a Tower Hamlets focussed charity, working to launch individuals into long-term education, employment and enterprise. Our commitment is to ensure everyone we work with develops the **skills and confidence needed to add long-term value to their lives, their families and the wider community.**

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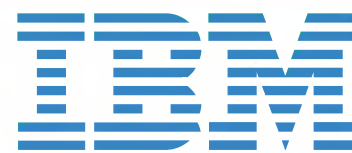
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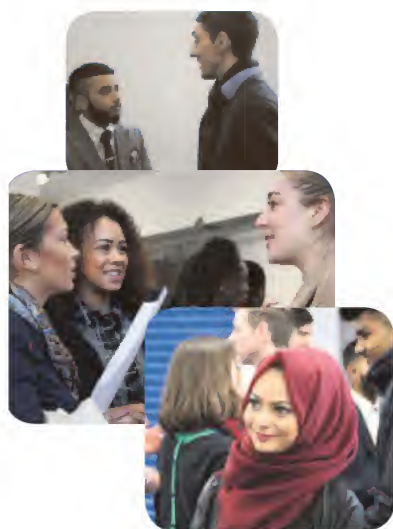
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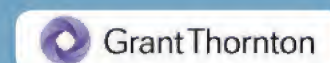
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Apprenticeship Placements



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Apprenticeship Placements



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TOWER HAMLETS

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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

A BUDGET FOR A BETTER BOROUGH

Funding to clean streets and tackle anti-social behaviour

BY SUSAN MULLIGAN

MORE money for street cleaning, tackling anti-social behaviour (ASB) and support for vulnerable adults are

just some of the key features of the council's budget for this year.

Councillors approved Mayor John Biggs' first budget at a full council meeting on Wednesday, February 24.

FOR THE LOVE OF LANGUAGES



MORE than 700 guests enjoyed a gala to celebrate International Language Day on Wednesday, March 2 in Bethnal Green. York Hall came alive to dancing, drama and singing as children studying with the council's community language service marked their achievements. See the next issue of East End Life for the full story.

The budget will provide extra funding for social care and introduce an Ethical Care Charter, which will provide better pay and conditions for the borough's carers.

By having a set of minimum standards for staff, the council hopes it will safeguard the quality and dignity of care and ensure the recruitment and retention of a more stable workforce.

The mayor had previously scrapped proposals to reduce or stop Sunday Idea Store openings.

And savings from a review of day services for elderly people will be put on hold until alternative provision is found, after feedback from residents.

Following the abolition of some government grants, council tax will increase by 3.99 per cent – 2 per cent of which is in line with government expectations that councils cover some of the costs of adult social care.

This means an increase in council tax of £1.36 a week for an average band D property.

The budget continues to

help working age council tax payers on low incomes by funding the Local Council Tax Reduction Scheme.

Mayor Biggs said: "We have now agreed a budget that puts residents first – with extra money to clean up the borough and to tackle anti-social behaviour, decent wages for our carers, and a new investment fund to build more genuinely affordable housing.

"The government is cutting funding to Tower Hamlets, so the council will have

£59m less to spend on services by 2020.

"We are committed to the ongoing provision of high-quality, local services for our residents, but we will need to make more tough choices in the future."

Cllr David Edgar, cabinet member for resources, added: "Further cuts from the government mean that there are ongoing funding challenges that all councils face. However, this budget supports aspiration and tackles poverty."

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News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.

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East End Life is published by Tower Hamlets Council with a print run of 99,000 copies delivered to homes, organisations and businesses in the borough every week.



The official independently audited door-to-door delivery is 82,395 Audit Bureau of Circulation (ABC Regional) July-Dec 2015.

Information included in the newspaper is not necessarily endorsed by Tower Hamlets Council.



East End Life is printed on recycled paper – when you have finished with the newspaper, please recycle it.



Olympian Perri Shakes-Drayton with Hermitage pupils

Perri inspires pupils to get active for charity

BY JESSICA ODUBAYO

OLYMPIAN Perri Shakes-Drayton encouraged staff and pupils to raise lots of money for Sport Relief, when she visited Hermitage Primary School last month.

Perri, a British track and field athlete who competes in the 400 metre hurdles and the 400m sprint, talked to pupils and staff at the Wapping school about her sporting experiences.

Sport Relief spends money raised by the public to give vulnerable and disadvantaged people in the UK and throughout the world's poorest communities a helping hand to turn their lives around.

And Perri, whose achievements include representing Team GB at the 2012 London Olympic Games,

winning gold in the 4x400m relay at the 2010 World Indoor Championships, and bronze in the 400m hurdles at the 2010 European Championships, said the money pupils raise would help to change lives forever.

The school plans to hold parents versus teachers and year six football matches, and a swimathon at St George's Pools.

It has also installed a suggestion box for children to place their fundraising ideas in.

Sport Relief, from March 18-20, will feature school and community events, see the return of the Sainsbury's Sport Relief Games at Queen Elizabeth Olympic Park and swimathons across the country.

For more details, visit www.sportrelief.com



Perri with year 4 pupil Rihannon

Inside this week's issue

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soundtalking

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Printed by Trinity Mirror.

Distributed by London Letterbox Marketing, Unit 6, Crescent Court Business Centre, E16 4TG. Tel: 8940 0666

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Share your community concerns

If you have concerns that you would like to raise with Mayor Biggs, come along to his mayoral assembly, on March 9 at Chisenhale Primary School, Chisenhale Road, Bow, from 7.30-9pm.

SEE BELOW

Sign the pledge

To support the campaign to make Tower Hamlets No Place For Hate, you can sign a pledge by visiting...

WWW.TOWERHAMLETS.GOV.UK

News

'We are strongest when we work together to oppose hate'



Mayor John Biggs at the Stand Up to Racism rally

BY SHALINA HUSSAIN

MAYOR John Biggs urged local communities to continue their support for an open, tolerant and peaceful society at a Stand Up to Racism rally.

Residents from every walk of life, faith and political belief attended the rally, organised by the London Muslim Centre on March 3.

Members of the audience pledged to stand up to racism and Islamophobia in Tower Hamlets.

Mayor Biggs said: "I am proud of our vibrant and diverse

communities. The history of our community shows that we are at our strongest when we work together to oppose racism and hate wherever it appears. This rally has an important message: we are One Tower Hamlets."

Dilowar Khan, executive director of East London Mosque & London Muslim Centre, said: "Our positive community relations are the hallmarks of Tower Hamlets. I believe that we are united with our neighbours and friends in our respect for each other."

"I am proud that so many people came along to support

us in sending out our message of respect and peace."

The rally was part of a national initiative aiming to defeat fascism, combat Islamophobia, anti-Semitism and resist the resurgence of the far-right.

Tower Hamlets launched its No Place for Hate campaign in 2008 to bring together a partnership of community and faith groups, local businesses, the council, politicians and the police to stand together against hate messages to the borough.

To find out more visit www.towerhamlets.gov.uk

News in brief

Rape investigation

DETECTIVES from the Metropolitan Police sexual offences, exploitation and child abuse command are investigating an allegation of rape.

The attack, on a teenage girl, happened at 3.30pm on Friday, February 26, in Damien Street, Whitechapel.

The suspect is Asian, with a moustache and aged approximately 20. He was wearing a red Nike cap, black jacket, white T-shirt, blue jeans and black Nike 'Air Force' trainers.

Anyone with information can call detectives via 101, or Crimestoppers on 0800 555 111.

Meet the mayor

MAYOR John Biggs is inviting residents to come and meet him to discuss community concerns and how they can be tackled.

The second mayoral assembly, on Wednesday, March 9 at Chisenhale Primary School in Chisenhale Road, Bow, gives residents the chance to discuss issues of interest with the mayor and senior council staff.

Items for discussion will include anti-social behaviour and street cleanliness.

The event runs from 7.30-9pm. If you would like to raise questions or concerns but are unable to attend, send your questions to consultation@towerhamlets.gov.uk or call 7364 4389. You can also tweet them to @MayorJohnBiggs or @TowerHamletsNow using #askthemayor

Life sentence for murdering his brother



Victim Ruhel Ahmed

A MAN has been jailed for murdering his brother by strangling him to death following a family row.

Thirty-year-old Juhel Ahmed appeared at the Old Bailey on Friday, February 19, where he was found guilty of the murder of 36-year-old Ruhel Ahmed at the family home in Timor House, Duckett Street, Stepney.

Police were called on September 3, 2015 at 7.15pm to reports of a body at the address.

Officers and the London Ambulance Service attended and found Ruhel's body. It is believed he was killed sometime around August 28 and his body had lain inside a bedroom at the address for at least a week.

A post-mortem examination took place at Poplar Mortuary on September 5 and gave the cause of death as compression to the neck.

The victim's family told officers investigating that younger

brother Juhel was responsible for the murder.

The pair had been involved in many disputes over the years but, just before the murder, they had argued over a damaged pot plant. A struggle began, during which Juhel strangled his brother.

During sentencing at the Old Bailey on Monday, February 22, Juhel was jailed for life and ordered to serve a minimum of 12 years.



Juhel Ahmed

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Borough welcomes literary celebration

World Book Day is on Thursday, March 3. It is a yearly event organised by UNESCO to promote reading and has been celebrated all over the world since 1995.

SEE BELOW

Protecting your rights

"We have another tool in our armoury to clamp down on rogue landlords."

CLLR SIRAJUL ISLAM

News

Champagne swilling fraudster faces jail

BY STAFF REPORTER

AN unemployed man, who defrauded scores of people out of thousands of pounds to enjoy luxury goods and holidays, has been jailed for four-and-half years.

Idris Ogunsanya, 29, of Blackwall Way, Poplar was jailed on February 19 at Snaresbrook Crown Court.

He was found guilty the same day of ten counts of fraud or possession of articles used in fraud.

Ogunsanya was arrested after using a stolen credit card to buy a £375 bottle of Champagne at the Radisson Blu Edwardian hotel in Canary Wharf on November 1, 2013.

Police officers visited his flat where they seized a number of stolen and blank credit cards, correspondence addressed to neighbours and about £6,000 in cash.

A device for skimming card details from cash machines and a credit card reader were also recovered in the raid.

Other items found include a 60-inch television, a quantity of champagne and several pairs of expensive and unworn trainers.

The subsequent investigation established that Ogunsanya had defrauded a number of people, including some of his neighbours, out of at least £40,000.

He enjoyed a high-end lifestyle that included travelling extensively, usually in business class, and staying at top hotels.



Idris Ogunsanya

Crackdown on rogue evictions

NEW legislation aims to protect tenants from so-called 'revenge evictions' by private landlords.

This is where the landlord or agent evicts their tenant because they have complained about the state of repair in the property.

These evictions can be illegal if the council's environmental health team sends the landlord an improvement notice, warning them that repairs must be carried out.

The new rules apply to all tenancy agreements signed on or since October 1, 2015.

Tenants can seek an improvement notice when they

inform their landlord of repairs that are needed and suggest a reasonable timescale for them to be carried out.

Tenants should send a letter to their landlord and a copy of it to the council by post.

Alternatively they can email environmental.health@towerhamlets.gov.uk

They can then contact the environmental health and trading standards team on 7364 5008 if the landlord/agent has not provided details of when repairs will be undertaken.

The council will then provide the necessary warning to the landlord, which will protect residents from eviction.



Morris Gleitzman at Stepney Green School

World Book Day celebration

STUDENTS from nine schools across the borough met children's author Morris Gleitzman at a World Book Day event organised by the council's schools library service.

Gleitzman has written more than 40 children's books such as *Once, Then, Now, and After*.

His latest work, *Soon*, is a series of stories about young Felix and Zelda struggling to survive in Europe in the Second World War. The event, on Thursday, March 3, was held

at Stepney Green Secondary School. He talked about his books, provided insights into how he came to write them, and shared secrets about his writing methods with his audience.

The borough's Idea Stores had an action-packed programme for the day.

Idea Store Chrisp Street encouraged more people to sign up to the library and gave demos on how to download ebooks and audiobooks.

Idea Store Watney Market held a storytelling session and

Idea Store Canary Wharf encouraged children to come dressed as their favourite character.

Idea Store Whitechapel held an art club.

At Old Palace Primary School, year 6 children worked with Lantana Publishing to write stories and create animal masks.

All Idea Stores hold rhymes, stories and fun for babies and children up to 5 years old from Monday to Friday, 10.30-11.15am and a Daily Serial story for children up to 11 at 3.30pm.



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Contact the mayor

To contact the mayor, call his office on 7364 4993 or email him at mayor@towerhamlets.gov.uk

WWW.TOWERHAMLETS.GOV.UK/MAYOR

News

Debate is the key

THE council last week agreed to approve my first budget as mayor. I am naturally pleased it was agreed, and would like to thank all those who contributed to it.

In a democracy, we have challenging debates, and not everyone agrees with everything – so I want to emphasise that those who disagree have an important part. Only by considering different views can you make informed decisions.

The budget is crucial to bring about change and improve the quality of life for everyone who lives in the borough.

It focuses on driving forward changes to rebuild the reputation of the council and ensuring residents get the excellent services they need. It also involves tough choices at a time when funding is scarce.

My key priorities include tackling anti-social behaviour, cleaning up the streets, increasing affordable housing, and maximising jobs and employment opportunities.

We have already made good progress in these areas.

We increased spend on our ASB service, invested £700,000 extra in cleaning the streets and scrapped the £15 bulky waste charge.

We launched the Housing Affordability Commission to explore ways to deliver genuinely affordable housing, and have started a programme to



build new social homes. I have an ambitious target of building 1,000 new council homes. We can do it.

The council's employment service, Skillsmatch, together with partners, is being re-designed and we are implementing an Ethical Care Charter, to improve pay and conditions for care workers, and improve services for vulnerable adults.

I am keen to hear the community's views on what the council does and will be holding my next mayoral assembly on March 9, at Bow School, from 7.30pm.

Our housing amnesty campaign, aimed at bringing illegally sublet homes back into community use, has been a great success.

We received more than 40 referrals and have already secured properties. And, like bloodhounds, my staff are out looking for those we haven't found yet!

It's about being fair, and that is central to what we do.

Mayor John Biggs



Develop a taste for being active

The council's sports team is running sport and beauty taster days on Monday, March 7 at Whitechapel Leisure Centre and Tuesday, March 8 at Tiller Leisure Centre and York Hall.

SEE BELOW

MP praises Blackwall Reach regeneration

BY SHALINA HUSSAIN

THE multi-million pound Blackwall Reach regeneration project has been hailed as an innovative response to the capital's housing shortage.

Shadow housing and planning minister John Healey MP met Mayor John Biggs, senior officers, and councillors on Thursday, March 3, as part of a visit to see how the council is tackling the housing crisis.

Mr Healey visited the Robin Hood Gardens estate, where a £300 million scheme will deliver more than 1,500 new homes over the next ten years, replacing 252 existing properties.

The scheme is being delivered in partnership with Swan Housing Group and the Greater London Authority.

The development will include new community facilities, commercial units and improved green spaces.

The first phase, which was completed last summer, resulted in 98 new homes, a community facility, housing office for Swan and a replacement mosque.

Residents have already moved into new homes in Camellia House and Blashill Court. Nearby Woolmore Primary School has also been rebuilt.

Mr Healey said: "I welcomed the opportunity to hear about how Tower Hamlets is dealing with the housing challenges



John Healey MP, Mayor John Biggs and guests at Robin Hood Gardens

residents face. Locally led regeneration schemes like Blackwall Reach can revitalise areas and create new affordable homes.

"Tower Hamlets is showing what councils can do with limited space but high aspirations."

Mayor Biggs added: "We have a growing population and providing homes and essential services is a real challenge.

"The Blackwall Reach scheme has shown what can be achieved with good partnership working and engaging fully with residents from the start."

"We have a long way to go and the council is seeking every opportunity to maximise

on building more genuinely affordable homes and creating real neighbourhoods."

The MP was also briefed on Whitechapel Vision, which aims to deliver 3,500 homes by 2025, including a large number of family and affordable properties.

The reshaping of Whitechapel town centre also includes improvements to public spaces and roads, alongside new shopping and leisure facilities.

The council has also secured £7 million from its Right to Buy receipts and will work with housing associations to build 70 homes for social rent, as part of the mayor's pledge to deliver 1,000 council homes.

Match Girls top women's month bill

THE council is staging a programme of events to mark Women's History Month (March 1-31) and International Women's Week (March 6-12).

Tower Hamlets Local History Library, in Bancroft Road, is hosting an exhibition on the Match Girls' Strike.

The council's sports team has put together events to get women active. Highlights include sport and beauty taster days on Monday, March 7 at Whitechapel Leisure Centre, and Tuesday, March 8 at Tiller Leisure Centre and York Hall.

See the full programme of

events at www.towerhamlets.gov.uk/sports or call 7364 2433.

On Tuesday, March 8 at 4pm, an Empowering Women to Take Action day takes place at the Osmani Centre in Underwood Road, E1. Book a place on 7247 8080.

Join Splash Youth on Wednesday, March 9 at 5pm for activities including self-defence and henna painting at The Work House in Poplar High Street, E14.

Join in the discussion "What is Feminism?" on Tuesday, March 22 from 5-7pm at Idea Store Chrisp Street.

For details see www.towerhamlets.gov.uk/ideastore



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THE council is staging a programme of events to mark Women's History Month (March 1-31) and International Women's Week (March 6-12).

Tower Hamlets Local History Library, in Bancroft Road, is hosting an exhibition on the Match Girls' Strike.

The council's sports team has put together events to get women active. Highlights include sport and beauty taster days on Monday, March 7 at Whitechapel Leisure Centre, and Tuesday, March 8 at Tiller Leisure Centre and York Hall.

See the full programme of



Stop, look and listen

If you would like Peter the magician to visit your school with his magic show to teach kids about finding safe places to cross and staying safe on the roads, email...

DONOVAN.THOMAS@TOWERHAMLETS.GOV.UK

Abracadabra!

The School Magic Road Show is helping the council teach children to be safe, through magic tricks.

SEE BELOW

News



PUPILS at St Saviour's Primary School (pictured above) in Poplar enjoyed a magic show touring the borough to teach pupils about road safety. The School Magic Road Show is helping the council deliver road safety messages through magic tricks. The borough's road safety team commissioned the show for children to learn about staying safe on the roads. Peter the Magician introduces the Green Cross Code, finding safe places to cross and travelling sustainably into his routine. If you would like the magic show to visit your school, email road safety officer Donovan Thomas on donovan.thomas@towerhamlets.gov.uk

PC convicted of dangerous driving

BY STAFF REPORTER

A TOWER Hamlets police officer has been sentenced for causing serious injury by dangerous driving, after a police car he was driving collided with a moped and injured four pedestrians.

PC Lee Drake, 52, was sentenced at Southwark Crown Court on Wednesday, February 10. The court heard that on June 5, 2014, shortly before 1.20pm, PC Drake – driving a marked police car – responded to an automatic number plate recognition activation.

On Cotton Street, at the junction with Poplar High Street, PC Drake passed through red traffic lights and collided with a moped.

The rider – a 27-year-old man – was taken to hospital with head and leg injuries.

His condition was initially treated as life threatening, but he went on to recover and was later discharged.

Debris from the collision also injured four pedestrians. Two men were treated and discharged; two men had injuries considered serious, but recovered and were later discharged.

PC Drake and a colleague in the police car with him were also treated for minor injuries.

He pleaded guilty at the court on January 5 to one count of careless driving.

However on January 7, following a two-day trial, he was found guilty of a further two counts of causing serious injury by dangerous driving.

PC Drake was sentenced to 15 months' imprisonment for each count of dangerous driving to be served concurrently, suspended for 18 months. He was also disqualified from driving for 30 months and fined £4,200.

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Have you got the right stuff?

You could be a perfect volunteer if you have an interest in and understanding of people, with an ability to demonstrate empathy, compassion, patience, sensitivity and reliability.

SEE BELOW

Useful information

You can make a Real difference

News from disability organisation Real

REAL is a local, independent organisation and charity, run by disabled people for disabled people.

By working with disabled people and their friends, families, carers, professionals and allies, we support:

- anyone who is disabled or has a long-term health condition;
- people of all ages, genders, gender identities, ethnicities, religions, beliefs and sexual orientations.

We also fight inequality and discrimination.

Charities only succeed with the support of staff and volunteers.

Volunteers are the life blood of most charities; people who give of their skills, expertise and, most importantly, time.

Giving your 'free' time can be an important decision and is not one to be taken lightly.

Real runs a volunteer programme, which is as much about developing and supporting you as Real getting the help and support that it needs.

We recognise that some people just want to do something for a good cause. And others can really benefit, by developing new skills, experience and confidence.

We have both disabled and non-disabled volunteers.

Real is running an open day on Friday, March 11 to help you understand what you could get out of volunteering and for us to get to meet you.

The event is from 10.30am-3.15pm and lunch is provided for those who pre-register. It takes place in the council chamber, Jack Dash House, 2 Lawn House Close, E14.

If you are interested, call Lorna on 7001 2170 or email hello@real.org.uk

Benefits of volunteering include:

- improving your confidence, learning new skills and gaining experience;
- meeting and working with people from varied backgrounds and walks of life;
- improving your CV by showing willingness and commitment to potential employers;
- making a difference to someone's life.

You could be a perfect volunteer if you have an interest in and understanding of people, with an ability to demonstrate empathy, compassion, patience, sensitivity and reliability.

A friendly, professional approach with the ability to relate to a wide variety of people is also helpful.

A commitment to relate to people with different disabilities in a non-judgmental way and the ability to carry out tasks according to our policies and standards is essential, along with an enthusiasm for community development.

Volunteers come from all walks of life and backgrounds. Quite often, people who have experienced challenges themselves make the best volunteers.

Unless a role specifically states it, don't be put off by a lack of formal education, qualifications or experience. Just as with any role, you're not expected to hit the ground running and you'll receive training and support.

We are looking for a range of volunteers, from reception support, support on our different services, right through to new board members.

So come along to our open day and find out how you can help and support your community.

You can visit www.real.org.uk for more information on our organisation, and the different ways that we support disabled people.

By Mike Smith,
Real Chief Executive

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.

Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.

Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannafor Walk: 8am-8pm, seven days a week, including bank holidays.

Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers.

Open Mon-Fri, 8am-6pm.
30 Greatorex Street, E1.
fis@towerhamlets.gov.uk
7364 6495

Tower Hamlets Home Birth Support Group

Last Thurs of each month, 8pm.
31 Ridgale Street, E3.
8981 1159

Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN).
30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-3.30pm.
7364 6489

LinkAge Plus

Toynbee Hall is one of five network centres that co-ordinates services and activities provided.
Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary.
Mon 9am-5pm, Bangladeshi group.
Toynbee Hall, Commercial Street, E1.
7392 2914
www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3

1-9 Birkbeck Street, E2.
7739 7720
www.account3.org.uk

Bangladesh Youth Movement

21-23 Henriques St, E1.
7488 1831/2

Bromley by Bow Centre

St Leonard's Street, E3.
8709 9737 www.bbbc.org.uk

Citizens Advice Bureau (CAB)

32 Greatorex Street, E1.
7247 1050
www.adviceguide.org.uk

Island Advice Centre

Island House, Roserton Street, Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

Legal Advice Centre

University House, 104 Roman Road, E2.
8980 4205
www.legaladvicecentre.org.uk

Limehouse Project

Cheadle Hall, Cheadle House,

Copenhagen Place, E14.
7538 0075
www.limehouseproject.org.uk

Praxis (New Residents Service)

Pott Street, E2.
7729 7985
www.praxis.org.uk

The Tower Hamlets Community Advice Network

THCAN is a partnership of local advice centres that provide free advice.
www.thcan.org.uk

Tower Hamlets Law Centre

(specialist advice by appointment).
Tower Hamlets Law Centre, Unit 1, St. Anne's Street, off 789-791 Commercial Road, E14.
7538 4909
www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service

28 Commercial Street, E1.
7392 2953
advice@toynbeehall.org.uk
www.toynbeehall.org.uk

Fair Money Advice

530 Commercial Road, E1.
7702 8032
www.fairfinance.org.uk

Island Advice Centre

Island House, Roserton Street Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

National Debt Line

0808 808 4000
www.nationaldebttline.co.uk



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no. Page no.



Feast and famine

According to Fairtrade Fortnight, there are times of the year when many people who grow the food we eat for breakfast can't afford to feed their own families.

FORTNIGHT.FAIRTRADE.ORG.UK

Who pays for our food?

"Before you finish eating breakfast in the morning, you've depended on more than half the world."

MARTIN LUTHER KING JR

News

News in brief

Food for thought

THE council is promoting a number of events to help raise awareness for Fairtrade Fortnight, which runs until Sunday, March 13.

The event is a chance for people across the globe to focus on issues that affect farmers and local communities within the developing world.

The campaign theme for 2016 is "Sit down for breakfast, stand up for farmers!"

The developed world's dependence on cheap foods, drinks and products contrasts with the plight of some 795 million people around the world who are undernourished.

Local communities and groups are being encouraged to host their own Big Fairtrade Breakfasts to discuss the serious challenges facing farmers in the developing world.

To find out more email fairtrade@towerhamlets.gov.uk

For more information on Fairtrade produce visit www.fairtrade.org.uk

Make a SPLASH

TWENTY organisations will showcase apprenticeships, training and job opportunities at a jobs fair on Monday, March 21.

Community organisation South Poplar and Limehouse Action for Secure Housing (SPLASH) is hosting the event, from 11am-3pm at St Matthias Community Centre, Poplar High Street, E14.

SPLASH also runs a job club at Wigram House, Poplar High Street, on Tuesdays from 11am-1pm, Thursdays from 10am-1pm and Fridays between 2.30-4.30pm.

For more details email splashcommunity@outlook.com



YOUTH-led Cutting East film festival is back at Genesis cinema in Mile End on Saturday, March 19. Supported by the council, the festival has been curated by young people who worked with professionals learning about programming, marketing and event management to create the festival. It takes place from 11am-7pm at the Mile End Road venue and will have films, workshops and performances. It will include 'Cutting Sounds', a live sound-tracking workshop focusing on music in cinema. Cutting it Short returns as does the Matthew Martino Benevolent Fund Rising Star Award. The awards will be presided over by the youth jury, a panel of judges who will hand out a prize of £150 to the maker of the best short film. For further details go to www.cuttingeast.co.uk

Rogue trader fined

RESIDENTS are being warned to be on their guard against rogue traders after a company was fined for lying about its electrical and gas credentials.

SA Builders were fined £3,320 after admitting two charges under the Consumer Protection Act at Thames Magistrates' Court, on February 4.

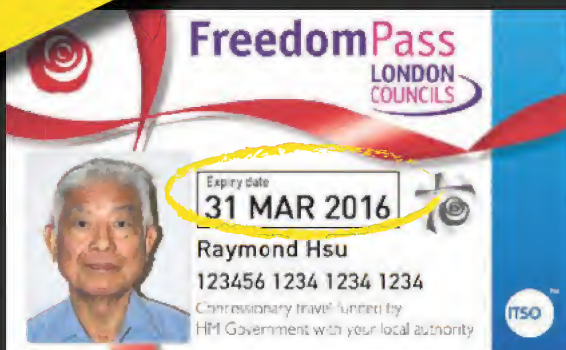
The firm was employed by a local couple after they received a leaflet through their letterbox.

Adam Adaszek, of Dryburgh Gardens, Brent, admitted falsely claiming to be a member of National Inspection Council for Electrical Installation Contracting (NICEIC) and Gas Safe.

The fine follows a probe by the council's environmental health and trading standards service.

To report a rogue trader, call 7364 5008 or email environmental.health@towerhamlets.gov.uk

IS IT TIME TO RENEW YOUR OLDER PERSONS FREEDOM PASS?



If your older persons Freedom Pass expires on 31 March 2016, you need to renew it now

You should have already received a letter explaining what to do - to renew visit www.freedompass.org/renew, for advice call 0300 330 1433, or email info@freedompass.org

www.freedompass.org

Freedom Pass is paid for by your local council

82 WEST INDIA DOCK ROAD

Invitation to local residents and businesses to attend
a consultation event to view proposals for
West India Property Investment Limited's redevelopment
of 82 West India Dock Road, London E14
(adjacent to Westferry DLR Station)

Venue
Limehouse Project, 789-791 St Anne's Street, London E14 7HG

Date
Monday 21st March 2016 from 11.30am to 7.30pm

Further Information
Contact Khayer Chowdhury on 020 7998 9095
or email khayer@capitalmc.co.uk
www.82westindiadockroad.com



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Help with school travel

Tower Hamlets Independent Travel Training (ITT) welcomes referrals from schools for children who may need help to enable them to travel to their secondary school or college.

CALL 7364 0818

Healthy self-esteem

Girls with Goals aims to motivate pupils through mentoring and extra-curricular activities.

SEE BELOW

Schools news

All aboard for travel tips

BY JESSICA ODUBAYO

MORE than 100 pupils visited the Town Hall in Poplar where they heard tips and advice for travelling safely to and from secondary school.

The year six children, who each have a statement of Special Educational Needs (SEN), were invited to workshops at Mulberry Place in Poplar, hosted by the council's Independent Travel Training (ITT) team.

The sessions are aimed at giving the youngsters, who are due to start secondary school in September, a higher degree of personal freedom, confidence and independence for travelling on public transport.

British Transport Police and Transport for London delivered the training. Participants boarded a London bus provided by Tower Transit, where they were given a talk about personal safety.

And at the Town Hall, each child was presented with a



Pupils with Chris Peter (driver), PCSO Lynn Peck and PC Charlotte Gearing, British Transport Police

certificate, an information pack and Freedom Pass application forms. Further one-to-one training and practice, covering road

safety, landmarks, timetables, using money and Oyster cards and 'who to ask', will be offered in the summer.



YOUNG people from Central Foundation Girls School got their first taste of driving. Students from years seven to 13 at the Bow school got behind the wheel at at Bluewater in Kent, at an event organised by Young Driver, aimed at encouraging a safer generation of motorists. The girls (including year seven pupil Maria Fabryova, pictured above) each had 30

minutes in a dual-control car with a qualified instructor. A mock road system helped them learn the basics, including changing gears and parking. Matt Walsh, school community manager, said: "Young Driver offers a fantastic insight into driving, especially for girls that come from inner city London, where driving can be intimidating and expensive."



GIRLS at Bishop Challoner School are being encouraged to see themselves in a positive light. The campaign – Girls With Goals – seeks to motivate students to recognise their gifts and talents, through mentoring and development programmes and extra-curricular activities. Now #girlswithgoals is set to become an annual date in

the Shadwell school's calendar. The theme of the inaugural event was What is your dream?, where girls explored their hopes and dreams through poetry, dance, art and song. Guest speakers included Dr Sue Black OBE, founder of online support organisation Techmums, Elisha Sempa, employment and skills manager at Balfour Beatty,

Jessica Elliot, founder of J's Dance Factory, and Maameyaa Kwfo-Akoto from law firm Allen and Overy. Head Chantelle Easmon-Johnson said: "We insist that all our girls dream big and believe that they have the ability to achieve their dreams. We will be here to support and cheer them on." (Above) Cheerleading team Bishop Bolts.



WOULD YOU KNOW WHAT TO DO IN AN EMERGENCY?



DON'T GET CAUGHT OUT – learn what to do if an emergency, such as severe weather or a power cut, affects your community

visit redcross.org.uk/beprepared

Refusing to ignore people in crisis

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Available to those who live and/or work in London. Priority given to Tower Hamlets residents.

COMING SOON!

COMING SOON!

2

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One bedroom apartment from **£330,000 (£115,450 for a 35% share)**.

Available to those who live and/or work in London. Priority given to Tower Hamlets residents.

3

Six Hills, Stevenage

143 modern one, two and three bedroom apartments just 5 minutes from Stevenage station. One bedroom apartment from **£130,000 (£45,500 for a 35% share)**.

Please note present costings based on an estimate and may be subject to change.

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Industrial history lives on

"The waterways of east London are an incredibly important part of the capital's industrial heritage. Opening up the Bow Back Rivers will be a significant part of the Olympic legacy."

STUART HOBLEY, HEAD OF HERITAGE LOTTERY FUND LONDON

Building bridges

The Best Bar None awards aim to build relationships between licensed premises, police and local authorities.

SEE PAGE 14

News

Historic Carpenters Lock to undergo £1.75m makeover

BY JESSICA ODUBAYO

EAST London's waterways will be boosted by the restoration of a historic lock in Queen Elizabeth Olympic Park.

The Carpenters Road Lock project is one of the final pieces of a ten-year programme to restore the Bow Back Rivers and preserve an important part of the capital's industrial heritage.

The Canal & River Trust, which cares for 2,000 miles of waterways, is leading the £1.75 million project, with backing from the Heritage

Lottery Fund, the London Legacy Development Corporation and the Inland Waterways Association.

Built in the 1930s, Carpenters Road Lock was the first in the country to have double radial lock gates – two convex-shaped gates that move vertically to enable boats to pass through.

The project will restore and automate the gates, allowing flood water to be dispersed to channels within the Bow Back Rivers. The lock structure will also be renovated.

Once the work is complete, boaters will be able to navigate



The lock was the first of its kind in the country

their way from the waterways Mills Lock and then out to the Thames. Trust heritage adviser

Florence Salberter said: "We're over the moon to have got the funding required to restore Carpenters Road Lock.

"It will open up the waterways for people who use them.

"With the popularity of the adjacent River Lea, and Queen Elizabeth Olympic Park becoming a new hub for London, this couldn't be a better time for us to bring it back into use."

Work is set to start early this year and is expected to take about 12 months to complete.

For more about the Canal & River Trust visit <https://canalrivertrust.org.uk>

Uni to study e-cigarettes

QUEEN Mary University of London is looking for smokers to join a study of electronic cigarettes.

The study will look at whether e-cigs are as effective at helping people quit smoking as nicotine-replacement therapies such as patches or inhalators.

Researchers at the university's Tobacco Dependence Research Unit in Stepney Green hope to recruit 886 people.

Participants will be randomly allocated e-cigarettes plus behavioural support, or alternatives plus behavioural support.

The study, funded by the National Institute for Health Research, ends in March 2017.

To get involved, call 7882 5747 or email health-research@qmul.ac.uk



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Anything from food produce to fashion, arts and crafts to upcycled furniture.

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 /MakersExchange

Call Bree on 020 7510 0535

Dangerous goods

"The swift action of our staff to withdraw these products from sale and warn the public is commendable."

CLLR SHIRIA KHATUN



Have your say on late-night levy

The council is consulting on plans for a late-night levy on businesses that sell alcohol between midnight and 6am, to help with policing costs. To take part, visit...

WWW.TOWERHAMLETS.GOV.UK/CONSULTATION

News

Dummy danger

DUMMIES that put babies at risk of choking were seized from a Whitechapel market trader by the council's trading standards team.

The dummies, along with dummy clips and babies' vests, were decorated with diamante which could easily fall off.

Children's dresses, which were also seized, had excessively long sashes or decorative cords which could easily become trapped in play equipment and cause serious injury.

EU law limits the lengths of sashes, cords and drawstrings on children's clothing to prevent such incidents

Traders found selling unsafe goods can face a fine up to £20,000 and a 12-month prison sentence if convicted.

If you suspect illegally imported goods are being sold, or have concerns about the way a business operates, call the council's consumer and business regulations service on 7364 5008 or email trading.standards@towerhamlets.gov.uk



Bar managers with their accreditation certificates

Raise a glass to drinking responsibly

BUSINESSES that sell alcohol responsibly have been given awards by the council.

In a ceremony at Corbet Place Bar & Lounge on Brick Lane, nine premises that spearheaded the Best Bar None awards were accredited for working to reduce alcohol-related crime and anti-social behaviour.

The overall winner was Café 1001 on Brick Lane, which also won the award last year.

Canary Wharf pub Cat & Canary was named best newcomer, while 93 Feet East on Brick Lane was named most improved venue.

The community award was given to the White Hart in Whitechapel, which holds dinners for pensioners.

Supported by the Home Office, the awards recognise responsible management and aim to reduce crime and build positive relationships between licensed premises, police and local authorities.

The council is consulting on plans for a late-night levy on businesses that sell alcohol from midnight-6am, to help with policing costs.

If you own a pub, bar or club and would like to be considered for the awards or want more information, call 7364 5008.

University of
Cumbria



make a better world

Visit our **London Open Evening on Wednesday 23rd March** to find out more about our routes into teaching.

Edd Snoxell

PGCE in Secondary Physical Education

Edd received funding from the University of Cumbria's Enterprise Team to launch his own children's sports camps whilst he was still an undergraduate student. Now Edd, who is studying for his PGCE in Secondary Physical Education, is currently running sports camps in both Carlisle and Lancaster via his company Multi-Sport.

www.cumbria.ac.uk



Clare Street is cleaned up

THE council carried out another deep clean in the Clare Street and Poyser Street area, near Cambridge Heath station.

Waste contractor Veolia used mechanical road sweepers and jet pressure washers to rid the streets of rubbish and grime.

Council officers obtained permission from land and property owners to clear graffiti on walls not owned by the council.

Drains were also cleared using specialist equipment.

There are plans to extend this deep cleaning to other areas over the coming months.



Knowledge is key to success

"Rising commercial rents are putting businesses under pressure and forcing some to close. With the right legal knowledge, businesses may negotiate a better deal and stay trading."

CLLR JOSHUA PECK, CABINET MEMBER FOR WORK AND ECONOMIC GROWTH, BELOW

Advice at hand

The Tower Hamlets Community Advice Network offers help on debt, housing and legal issues. Visit...

WWW.THCAN.ORG.UK

News

Police and trading standards seize cigarettes and alcohol

BY STEFAN SWIFT

ILLICIT tobacco and booze have been found in raids at businesses across the borough.

Almost 100 bottles of alcohol were recovered from two premises during raids by the Metropolitan Police, the council's trading standards teams and HMRC.

Meanwhile, trading standards officers enlisted the services of two detection

dogs provided by specialist dog trainer Wagtail UK and uncovered 2,160 cigarettes and 300g of rolling tobacco.

The concealed stashes of smuggled tobacco were found at the end of January.

The raids were carried out as part of Operation Henry, which is run by the Chartered Trading Standards Institute (CTSI) and supported by the Department of Health.

The seizures included Hungarian, Czech, Russian and Bangladeshi

cigarettes which are not allowed to be sold in the UK.

Mayor John Biggs said: "Operation Henry proves the importance of joint initiatives. We hope these latest successful initiatives will act as a deterrent to those who feel they can operate above the law."

Leon Livermore, CTSI chief executive, said: "The illegal tobacco trade costs taxpayers about £2 billion per year in lost revenue and is known to fund organised crime networks and criminal gang

activity. Together, we are winning the battle and figures show that the market share of illicit cigarettes has dropped from 21 per cent to 9 per cent in the last decade."

Anyone who would like to provide information about illegal products being sold in the borough can report it, anonymously, to the council's environmental health and trading standards team on 7364 5008 or at tradingstandards@towerhamlets.gov.uk

News in brief

New market opens

A NEW weekly market selling collectables, vintage items, gifts and locally produced arts and crafts is coming to Roman Road in Bow.

The market, which will be held every Saturday in the car park at the junction between Roman Road and St Stephen's Road, starts on Saturday, March 19, and runs from 11am-5pm.

For more information, visit www.romanroadtrust.co.uk

What's it all about?

WHAT is success, what is reality and why bother with religion are some of the big questions that will be considered at venues across Canary Wharf from March 14-18.

The week-long event is being organised by Christians across the Wharf.

For a full list of speakers taking part, as well as times and venues, go to www.questionsoflife.org.uk

HSBC happy to stay

THE headquarters of HSBC will remain in Canary Wharf, following a vote by the bank's board of directors.

The company had been considering relocating its head office to Hong Kong, but decided to stay in the UK after a lengthy review.



TRADE unionists from the Town Hall in Poplar took part in Love Unions week from February 8-14. Members of Unison, Unite and GMB were protesting against the government's Trade Union Bill. The event was supported by Mayor John Biggs and culminated in The Big Workplace Meeting, where trade unionists all over the country watched a live broadcast from TUC general secretary Frances O'Grady. Unison assistant branch secretary Kerie Anne is pictured at the event.

Get tips on debt, law and housing

A GROUP of advice centres is encouraging residents to access free information on benefits, debt, housing and other areas of social welfare law.

The Tower Hamlets Community Advice Network is a partnership of centres that provide free advice.

Its debt services help on matters such as council tax and credit debts. Some centres offer money management support.

Specialist housing advisers provide information, advice and legal help on complex housing problems. This includes rent and mortgage arrears, tenants' rights and responsibilities, transfer requests and homelessness.

There are also a number of legal advice clinics to assist residents who cannot afford to pay solicitors or are unable to access legal aid.

For more advice on any of these issues, visit thcan.org.uk

Workshop for business

LOCAL businesses are invited to attend a workshop which gives advice on legal issues, including negotiating with landlords, security of tenure and rent reviews.

The event, organised by the East End Trade Guild, takes place on Wednesday, March 16, between 6.30-8.30pm at e5 Bakehouse, Arch 395, Mentmore Terrace, E8.

Cllr Joshua Peck, cabinet member for work and economic growth, said: "Rising commercial

rents across London are putting many businesses under pressure and forcing some to close. With the right legal knowledge, businesses may be able to negotiate a better deal and stay trading.

"These events provide invaluable advice so we can support traders to negotiate their legal duties, but ensure they're fully aware of their rights."

The workshop costs £10 per person and is run by law firm Dowse & Co.

Register at www.eastendtradesguild.org.uk



FUNDING FOR SUMMER ACTIVITIES 2016

The Trustees of Action for Bow invite applications for grants to support summer projects in Bow East and Bow West wards.

Priority consideration will be given to diversionary out-of-school activities for young people, but bids will also be welcomed that offer training and employment opportunities, or healthy living initiatives.

Grants for these summer activities, usually not exceeding £2,000, to be available from July 2016, may be discussed with Ahmed Hussain below.

Closing Date for Applications: 5.00pm on Friday 1st April 2016.

Applications and Enquiries

Please write to Ahmed Hussain at:
Bromley by Bow Centre, Employment and Skills Team
St Leonards Street, London E3 3BT
Call him direct on 020 8729 9742 or
email him at ahmed.hussain@bbbc.org.uk



£100m to spend

Tower Hamlets CCG will invest more than £100 million in health services and buildings over the next five years.

SEE BELOW



Home to Soviet star men

Cosmonauts have lived and trained in Star City since the 1960s. In the Soviet era, its location was a military secret. Many Russian cosmonauts, past and present, still live there with their families.

SEE BELOW

News

News in brief

Have your say on health services

PEOPLE are being asked to give their views on plans to transform health services in

east London. Tower Hamlets Clinical Commissioning Group (CCG) has joined forces with Newham and Waltham Forest CCGs and Barts Health NHS Trust to develop a plan to invest more than £100 million in new

health services and buildings over the next five years.

Proposed changes include improving the A&E and maternity unit at the Royal London Hospital in Whitechapel, providing more care in GP

surgeries, pharmacies and people's homes, fixing poor-quality buildings and services.

The CCG is arranging drop-in events, workshops and focus groups over the next 12 weeks.

To make your views known,

call 3688 1152, visit www.transformingservices.org.uk or write to TST, Fifth Floor, Clifton House, 75-77 Worship Street, London EC2A 2DU.

Life coaching offer

TO mark International Women's Day, a life and personal development coach is offering women a free one-hour session in Victoria Park.

Karen Liebguth will offer the session on a first come, first served basis giving participants the chance to explore a personal topic of their choice, while walking in the park.

To book email karen@greenspacecoaching.com

Photo competition

EAST London NHS Foundation Trust is running a photography competition to encourage people to take images that capture the essence of mental health and wellbeing.

The competition is open to

all ages and runs until Friday, April 29.

Take your photo and email it to the trust with a brief description of the background to the photo and what feeling it sums up to you.

Go to www.elft.nhs.uk for more information.

New health service

A NEW health visiting service, designed with the help of parents, professionals and carers, begins in April.

The three-year contracts for the Health Visiting Service and Family Nurse Partnership were awarded to the Tower Hamlets GP Care Group and Compass Wellbeing.

With more than 21,000 children up to the age of four in the borough, services will focus on delivering care for parents, babies and toddlers.

The services offer advice and support on child development and health issues to parents of children up to the age of five.

Keiran picked for cosmonaut camp

A THIRD-year physics student at Queen Mary University of London (QMUL) has won a place at a Russian cosmonaut training centre.

Kieran Hashmi was selected as part of a competition launched to mark British astronaut Tim Peake's momentous visit to the International Space Station (ISS).

He will receive a week's cosmonaut training at Star City, Russia's famous cosmonaut centre near Moscow at the end of March.

Kieran said: "I'm really excited to train in Star City, a facility that Tim Peake trained in and also where Yuri Gagarin, the first human being to enter space, trained.

"I will be using the same equipment as the NASA astronauts training in the facility. I'm really looking forward to this amazing opportunity."



Kieran Hashmi

To take part in the competition, university students were asked to submit a two-minute video describing an experiment they would like to send into space.

Kieran's entry discussed the physics of ferro-fluids – liquids containing microscopic magnets – and their ability to conduct heat in conditions where gravity is weak.

It proposes the application of its results to the fields of physics and engineering.

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MAYOR OF LONDON





Poverty-stricken start for Sheilah

“Entering this institution at age six, my mother had her golden hair shaved to the scalp as a precaution against lice. To the end of her life, she was haunted by the degradation.”

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

Hidden past of Hollywood powerhouse

BY JOHN RENNIE

SHE was a woman who wielded sufficient power to make or break Hollywood careers.

Apparently blissfully married actors, concealing a mistress, a predilection for illegal drugs or their true sexuality, lived in terror of hearing her voice on the phone.

Established movie actresses, with children, husbands or sexual compromises airbrushed out of their studio-crafted biographies, woke in the early hours in a cold-sweat fearing her knock on the door.

Yet Sheilah Graham, doyenne of Hollywood gossip columnists, had a history of her own which she had carefully re-edited. For far from the sun-dappled boulevards of Beverly Hills and Santa Monica, Sheilah had been raised as Lily Shiel in a Stepney Green basement.

It was a poverty-stricken childhood she battled ferociously to escape and then conceal. And her subsequent life was an extraordinary catalogue of affairs and children of questionable parentage... all of which she managed to keep out of the papers.

The 1950s were the Golden Age of Hollywood. Before the rise of TV, everyone went to the movies. Joan Crawford, Clark Gable, Bette Davis, James Stewart and the rest were not just stars... but gods.

And, like gods, their images had to be protected. But as the new George Clooney movie, *Hail, Caesar!*, hilariously documents, the studios fought a constant cat-and-mouse game with gossip columnists digging for dirt.

The two most famous were Hedda Hopper and Louella Parsons. But running them close was Graham – and that gritty East End upbringing had made her very tough indeed.

Lily was the daughter of Ukrainian Jews Louis Shiel and Rebecca Blashman, the youngest of eight children, and born in 1904. The Shiels had fled the pogroms for safety in London but things took a desperate turn when Louis, a tailor, died of tuberculosis on a visit to family in Berlin.

Denied his meagre income, Rebecca squeezed herself and her six surviving children into a squalid basement, and struggled to make ends meet by cleaning public toilets.

It wasn't enough, and in 1914, Rebecca was forced to hand little Lily over to the Jews Hospital and Orphanage.

Years later Lily's daughter, Wendy Fairey, wrote: "Entering this institution at age six, my mother had her golden hair shaved to the scalp as a precaution against lice.



Above left: Sheilah Graham, Hollywood gossip columnist, with Marilyn Monroe

Above right: College of One, Sheilah's memoir of her relationship with F Scott Fitzgerald, while her book *Beloved Infidel* was later made into a film (right)

To the end of her life, she was haunted by the degradation of this experience."

A bright girl, she left having trained for a job as a teacher, but Rebecca was now dying of cancer, and Lily returned home to nurse her. She then left the East End forever, taking a job in a department store demonstrating toothbrushes and acquiring a tiny flat in the West End.

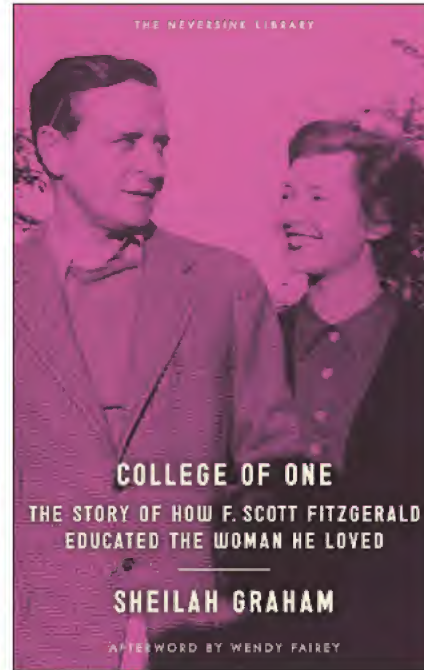
She also acquired a husband, John Graham Gillam, "a kindly older man who proved impotent, went bankrupt, and looked the other way when she went out with other men".

Gillam was a willing Henry Higgins to Lily's Eliza Doolittle, schooling her in upper-crust speech and manners and encouraging her to enrol at RADA. A change of name to Sheilah Graham and the transformation was complete. Not quite respectable, of course, as a chorus girl in West End musicals and with a string of lovers, but she now had the confidence and manners to mix with anyone.

She mined her life for material to write articles for the *Daily Express* (beginning with 'The stage door Johnnies, by a chorus girl'), which earned the eye-watering sum of two guineas a time.

But Sheilah wouldn't spend long dallying with bored rich boys looking for female company. In 1933 she set off to seek her fortune in America, discarding Gillam and landing jobs as a reporter first on the *New York Mirror* and then on the *New York Journal American*.

Her sensationalist pieces, which ran under headlines such as 'Who cheats most in marriage?', soon landed her a job in Hollywood for the *North American*



Newspaper Alliance (NANA), writing columns which would be syndicated around the United States.

She was now rubbing shoulders with journalists, novelists and screenwriters – the likes of Robert Benchley, Dorothy Parker and F Scott Fitzgerald, with whom she had a lifelong love affair (he would die of a heart attack in her apartment aged 44).

Graham was bright, but her new friends were ferociously clever and well educated, and she was painfully aware of her own limited schooling – "I landed in Hollywood with two left feet," she would say, and she set about smoothing her rough edges.

A move up had suggested itself with her engagement to the Marquess of Donegall, though the unfortunate peer was discarded when she met Fitzgerald, with whom she immediately and hopelessly fell in love. During their three years together, Fitzgerald took on the role of mentor previously occupied by Gillam.

She would document those years in her memoir, *College Of One*, and then the 1958 book *Beloved Infidel* (later filmed,

starring Gregory Peck and Deborah Kerr).

There was a terrible falling-out during Fitzgerald's great drinking binge of 1939, when he publicly "screamed out all the secrets of her humble beginnings" to his nurse (including Sheila's carefully concealed Jewish roots) and, later that day, the couple would grapple over his gun.

Graham scathingly told him to "take it and shoot yourself, you son of a bitch. I didn't pull myself out of the gutter to waste my life on a drunk." The two were happily reconciled in the writer's last years.

In Hollywood, Graham expertly played the gossip columnists' game – a mix of favours, blackmail, publicity and cover-ups. But as a journalist she wanted more and, after Fitzgerald's death in 1940, she moved to the NANA's London bureau, filing interviews with George Bernard Shaw and Winston Churchill, among others.

She also acquired another husband, Trevor Westbrook, whose company manufactured Spitfires. The 1941 marriage yielded two children before the couple divorced just five years later, and it contained a secret worthy of Graham's own gossip columns. British philosopher AJ Ayer was the father of Wendy, and the Hollywood star Robert Taylor was almost certainly the father of young Robert.

There would be one more marriage, in 1953, to Stanley Wojtkiewicz who she later dismissed as a man "of Polish ancestry with an unpronounceable name". The marriage lasted just two years.

By now she was focused purely on her career and, by the early 1950s, was on a salary of \$5,000 a week, not far off the pay of the stars she was covering. A radio show followed, then TV.

By the late 1960s, with Louella Parsons retired and Hedda Hopper dead, Graham described herself as "the last of the unholy trio". She would write her last syndicated column in 1971 and retire to Palm Beach, Florida to write her autobiography.

And, by the end, she had come to accept and admit her past. Remarkably, *Beloved Infidel* had managed to recount her early life story without any mention of her Jewishness or the existence of her five siblings, and she had only told her children the real story after her brother sold "the real Sheilah Graham story" to a London tabloid.

Now there were trips back to London to meet her rediscovered siblings (though not that brother) and to revisit the Stepney Green home where her mother had struggled so. Lily Shiel had come home.

I didn't pull myself out of the gutter to waste my life on a drunk."

Sheilah Graham to F Scott Fitzgerald

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



ডিপ ক্লিন করা হচ্ছে টাওয়ার হ্যামলেটসের রাস্তাগুলো

কাউন্সিলের উদ্যোগে বারার ক্রেয়ার স্ট্রিট এবং পয়জার স্ট্রিট পরিষ্কার পরিচ্ছন্ন করা হয়েছে। গত নভেম্বর মাসে বারার বাউন্ডারি এস্টেটের রাস্তাগুলোকে ধুয়ে মুছে বাকবাক করে তোলা কর্মসূচি গ্রহণ করে কাউন্সিল। ফেব্রুয়ারী মাসে এই কর্মসূচি ক্রেয়ার স্ট্রিট এলাকায় সম্প্রসারিত করা হয়। বিস্তারিত পড়ুন নীচে –

DEEP CLEAN ON BOUNDARY ESTATE

Harmony

Habaynta adeega dhalinyarada

Youth services under review – see issue 1095

DHALINYARADA, waalidi-inta iyo daryeee-layaashuba waxay fikradooda ka dhiiban karaan, noocyada xaruma-ha iyo waxqbadyada ay jecel yihiin, iyadoo councilku dib-u habayn xoogan ku samaynayo adeegyada dhalinyarada.

Councilku hada wuxu sameeyaa shaqaale u xil saran adeega dhalinyarada da,doo-du u dhaxayso 11-19, iyo illaa kuwa da,doodu tahay 25 haday u baahan yihiin in si gaar ah wax loo baro, waxa kale oo councilku qorsheeyaa shaqaale u xilsaaran dhalinyarada naafa-da ah.

Duqa John Biggs ayaa wuxu yidhi: “Arintani waxay noo tahay firsad wanaagsan, in-aanu eegno adeegyada dhalin-

yarada meelaha ay ku wanaagsan yihiin iyo meelaha u baahan in horumar laga sameeyo.

“Intaanaan samaynin wax go,aano ah, waxaan aad u danaynayaa inaanu maqalno aragtiyaha iyo fikradaha dhalin-yarada, maadaama ay dhalin-yaradu yihiin cida ugu fiican ee go,aamin karta adeegyada ay doonayaan.”

La tashigu wuxu bilaabmayaa Isniinta, 29ka Febraayo, ra,yiga waxa lagu soo gudbinayaa www.towerhamlets.gov.uk, la tashiyo xog ururineed oo saddex kala duwan ah, bartil-maamedkuna yahay dadka dhalinyarada ah, waalidiinta, daryeelayaasha, iyo hayadaha la shaqeeya, ayaa waxay bilaab-mayaan Isniinta, 11ka April.

Dhalinyarada ka qayb qaa-

data xog ururintan, waxay helayaan bakhtiyaa-nasiib ay ku guulaysan karaan tigidh u dhig-ma £20.

Waxa jiraya kulamo bulsha-da lala yeelanayo (waxa loo baahan yahay in qofku iska di-iwaan geliyo) Xarunta Horu-marinta Xirfadlayaasha, 229 Bethnal Green Road, Jimcaha, 4ta Maarso, inta u dhaxayso 2.30-4.30 galabnimo.

La xidhiidh Maamulka Ho-rumainta Adeega Dhalinyara-da ee councilka, Ronke Martins-Taylor, si aad u ogeysi-iso imaatinkaaga, emailku waa ronke.martins-taylor@towerhamlets.gov.uk

Marka la tashigu dhamaado, natijada xog ururinta iyo jawaabihii ra,yiga la ururiyey ayaa la lafo gurayaa, taloo-yinkana waa lasoo bandhigayaa.



Mother language day celebrations

অমর একুশে ফেব্রুয়ারী আন্তর্জাতিক মাতৃভাষা দিবস যথাযোগ্য মর্যাদায় পালিত হয়েছে। দিবসের প্রথম প্রহরে পূর্ব লন্ডনের শহীদ আলতাভ আলী পার্কের শহীদ মিনারে বাংলা ভাষার জন্য ১৯৫২ সালে ঢাকায় পুলিশের গুলিতে প্রাণ উৎসর্গকারী শহীদদের প্রতি শ্রদ্ধাঞ্জলি নিবেদন করেন টাওয়ার হ্যামলেটসের মেয়র জন বিগস (সর্ব বাঁয়ে), যুক্তরাজ্যে নিযুক্ত বাংলাদেশের হাই কমিশনার আব্দুল হান্নান এবং ডেপুটি স্পিকার অব টাওয়ার হ্যামলেটস কাউন্সিলর রাজীব আহমেদ। এরপর বিভিন্ন রাজনৈতিক, সামাজিক, সাংস্কৃতিক সংগঠনের পক্ষ থেকে পুষ্পার্ঘ্য অর্পন করা হয়।

দ্বিতীয় মেয়রাল এসেম্বলি হবে চিজেনহেইল স্কুলে ৯ মার্চ

Mayoral assembly, March 9 – page 3

মেয়র, জন বিগস এর দ্বিতীয় মেয়রাল এসেম্বলি আগামী ৯ মার্চ বুধবার সন্ধ্যা ৭.৩০টা থেকে রাত ৯টা পর্যন্ত চিচেনহেইল প্রাইমারী স্কুলে (চিজেনহেইল রোড, ই৩) অনুষ্ঠিত হবে।

এই অনুষ্ঠানে যোগ দিয়ে বাসিন্দার কমিউনিটির বিভিন্ন ইস্যু নিয়ে মেয়রের সাথে সরাসরি কথা বলতে পারবেন। এই মতবিনিময় সভায় সমাজবিরোধী আচরণজনিত কার্যকলাপ

এবং রাস্তাগুলোর পরিষ্কার পরিচ্ছন্ন রাখার বিষয় গুলোর ওপর বিশেষ নজর দেয়া হবে।

মেয়র জন বিগস বলেন, বাসিন্দাদের সাথে দেখা করা, সরাসরি তাদের কথা শোনা, তাদের নিজেদের এলাকার কোন্ বিষয়টি তাদের কাছে গুরুত্ববহ, সেটা তাদের কাছ থেকে জানাটা আমার জন্য খুবই গুরুত্বপূর্ণ।

তিনি বলেন, রাস্তাগুলো পরিচ্ছন্ন রাখতে

আমরা যে উদ্যোগ নিয়েছি এবং এন্টি সোশ্যাল বিহেভিয়ার রোধ করতে আমাদের প্রচেষ্টা অথবা অন্য যে কোন ইস্যু তারা তুলে ধরতে চান, তা আমি তাদের কাছ থেকে জানতে চাই।

কোন প্রশ্ন কিংবা উদ্বেগ মেয়রের কাছে তুলে ধরতে চান, কিন্তু ৯ মার্চের মেয়রাল এসেম্বলিতে আসতে পারবেন না, তারা consultation@towerhamlets.gov.uk এই ইমেইলে কিংবা ০২০ ৭৩৬৪ ৪৩৮৯ নাম্বারে ফোন করে প্রশ্ন পাঠাতে পারেন।

Abaalmarinta degmada ee nidaaminta qashinka

Borough wins keep Britain Tidy Awards – see issue 1095

COUNCILKU wuxu ku guuleystey laba abaal-marinood, munaasibadii hal sanadlaha ahayd ee Ilaalinta Nidaaminta Wadanka Ingiriiska.

Qaybta Nadiifinta, Cagaarka iyo Wadooyinka ayaa ku guuleysatey abaalmarinta soo bandhigidda, kadib markii la dhaqan geliyey farsamada lagu magacaabay: Hel, Samee, Jec-low (FiFiLi) iyo tiknoolajiyada jawaabta degdeg ah.

Farsamadan FiFiLi waxay dadka degmada degan iyo dadka soo booqdaba u ogo-laanaysaa in councilku ogaado waxa ay dadku u jecel yihiin Tower Hamlets ama waxyaaba-ha u baahan in wax laga qabto.

Barnaamijkan waxa loo isticmaali karaa in lasoo sheego qashinka, feegarka derbi

lagu qoro, laydhka wadooyinka oo la jebiyey, edeb darro, dem-bi, ama wax kale oo dadku ka walwalaan.

Qofku markuu dhac-dooyinkan mid ka mid ah soo gudbinayo wuxu ka qaadayaa sawir, isagoo tilmaamaya goobta dhiibtu ka jirto, wuxuna warbixinta si toos ah ugu soo dirayaa qaybta councilka ee ku haboon.

Nidaamkani wuxu kale oo dadka firsad u siinayaa inay arki karaan wadada xidhan ama wadada shaqo ka socoto ee deg-mada dhexdeeda iyo sidoo kale inay si fudud uga qayb qaataan firsadaha iskaa wax u qabsada.

Farsamada FiFiLi waxa taageera tiknoolajiyada jawaabta degdeg ah, dhamaan baaldiyada qashinka ee dad-weynuhu waxay leeyihiin lam-

bar warqad ah oo ku dhejisan, dadweynuhuna ay soo sheegi karaan haday u baahdaan in baaldi qashinka la madhiyo.

Dadku waxay sawiri karaan Lambarka Jawaabta Degdega ah, waxaanay fariin qoraal ah oo lacag koos garaynayn usoo diri karaan qaybta councilka ee qandaraaska qashinka.

Duqa John Biggs ayaa wuxu yidhi: “Qalabkan aynu soo bandhignay ee aynu samaynay, waa hab dadka u fudud, waana hab sidii la rabay wax uga taraya in dadku inala soo xidhiidhaan, si aynu dhib kas-ta sida uga dhakhsaha badan wax uga qabano.”

Kooxda wadooyinka ayaa sidoo kale la gudoonsiiyey, abaalmarinta nidaamka xidhiidhka bulshada ee Qabatinka Mashruuca Beeraha.



Enforcement officers investigated dumped waste as part of a thorough clean-up of the Clare Street and Poyser Street area

ডিপ ক্লিন করা হচ্ছে টাওয়ার হ্যামলেটসের রাস্তাগুলো

Deep clean on the Boundary Estate – see page 14

কাউন্সিলের উদ্যোগে ক্যামব্রিজ হিথ স্টেশনের নিকটবর্তী ক্রেয়ার স্ট্রিট এবং পয়জার স্ট্রিট পরিষ্কার পরিচ্ছন্ন করা হয়েছে।

গত বছরের নভেম্বর মাসে বারার বাউন্ডারি এস্টেটের রাস্তাগুলোকে ধুয়ে মুছে বাকবাক করে তোলা কর্মসূচি গ্রহণ করে কাউন্সিল।

গত ফেব্রুয়ারী মাসে এই কর্মসূচি ক্রেয়ার স্ট্রিট এলাকায় সম্প্রসারিত করা হয়।

সংশ্লিষ্ট রাস্তাগুলোর গাড়ি পার্কিং দুই দিনের জন্য স্থগিত করে কাউন্সিল কর্মীরা রাস্তা ও ফুটপাথ পরিষ্কার করেন।

কাউন্সিলের আবর্জনা অপসারণকারী ঠিকাদারি প্রতিষ্ঠান ভেওলিয়া যান্ত্রিক রোড সুইপার এবং জেট প্রেসার ওয়াশার ব্যবহার করে রাস্তা-গুলোকে পরিচ্ছন্ন করে তোলে। একই সময় ভেওলিয়ার আউটরীচ কর্মীরা রিসাইক্লিং ও রিইউজ

বিষয়ে জনসাধারণকে সচেতন করতে ১০৯ জন বাসিন্দার সাথে কথা বলেন ও তাদের হাতে লিফলেট তুলে দেন। বিভিন্ন ব্যক্তি মালিকানাধীন প্রোপারটির দেয়াল থেকে গ্রাফিটি সরাতেও কাউন্সিল অনুমতি লাভ করে।

বাণিজ্যিক আবর্জনা যাতে নিয়ম অনুযায়ী ফেলা হয়, তা নিশ্চিত করতে কাউন্সিলের ট্রেড ওয়েস্ট এনফোর্সমেন্ট অফিসাররা সংশ্লিষ্ট প্রতিষ্ঠান পরিদর্শন করেন।

এইপরিচ্ছন্ন কার্যক্রম পরিচালনার সময় সংশ্লিষ্ট এলাকার ড্রেনগুলোও বিশেষ যন্ত্রের মাধ্যমে আবর্জনামুক্ত করা হয়।

টাওয়ার হ্যামলেটস নিয়ে যাতে জনগণ গর্ববোধ করতে পারেন, সেই লক্ষ্যে এই জনপদের পরিবেশগত উন্নয়নে এ ধরনের পরিচ্ছন্ন কার্যক্রম বারার অন্যান্য এলাকায় পরিচালনার

কর্মসূচি কাউন্সিলের রয়েছে।

টাওয়ার হ্যামলেটসের মেয়র বলেন, পরিচ্ছন্ন রাস্তা ও উন্নত মান সম্পন্ন পরিবেশ বাসিন্দাদের কাছে কতটা গুরুত্বপূর্ণ, তা তারা আমাকে জানিয়েছেন। আমি মেয়র হওয়ার পর পরিচ্ছন্ন বারা গড়ে তুলতে যে উদ্যোগগুলো নিয়েছি, এটি হচ্ছে তারই একটি অংশ।

কাউন্সিলের পরিবেশ বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর আয়াক মিয়া বলেন, ডিপ ক্লিন এর এই প্রোগ্রামের ফলে রাস্তাঘাট নোংরা করার, আবর্জনা তুপ করে রাখার প্রবণতাকে অনেক হ্রাস করেছে।

তিনি বলেন, আমরা আশা করি, বারার প্রতিটি রাস্তা ও আশেপাশের এলাকাগুলোকে পরিষ্কার পরিচ্ছন্ন করতে পারলে জনগণ টাওয়ার হ্যামলেটস নিয়ে গৌরব বোধ করবেন।



বিশ্ব নারী সপ্তাহ ও মাস উপলক্ষে নানা কর্মসূচি

বিশ্ব নারী সপ্তাহ এবং নারী ইতিহাস মাস উদযাপন উপলক্ষে কাউন্সিল বিভিন্ন ধরনের কর্মসূচি গ্রহণ করেছে। লকাল হিস্ট্রি লাইব্রেরীতে প্রদর্শিত হচ্ছে ১৩৬ বছর আগে দেয়াশলাই ফ্যাক্টরিতে কর্মরত নারী কর্মীদের ধর্মঘটের নানা তথ্য, ছবি ও পেপার কাটিংসের বিশেষ প্রদর্শনী। বিস্তারিত পড়ুন নিচে –

CELEBRATE WOMEN'S HISTORY MONTH & INTERNATIONAL WOMEN'S WEEK

7364 4944

Harmony



শিশু নির্যাতনের ব্যাপারে রিপোর্ট করতে বিশেষ প্রচারাভিযান

Help us end child abuse

শিশু নির্যাতন এবং অবহেলার ব্যাপারে রিপোর্ট করতে জনসাধারণকে উদ্বুদ্ধ করতে লন্ডনের ৩৩টি স্থানীয় কর্তৃপক্ষ ও ডিপার্টমেন্ট ফর এডুকেশনের সাথে মিলে নতুন প্রচারাভিযান করেছে টাওয়ার হ্যামলেটস কাউন্সিল।

শিশু নির্যাতনের ঘটনা প্রতিহত করতে জনসাধারণের গুরুত্বপূর্ণ ভূমিকা তুলে ধরতেই এই উদ্যোগ নেয়া হয়েছে।

শিশুরা নির্যাতিত হচ্ছে এমন সন্দেহ পোষনকারীদের এক তৃতীয়াংশই নীরব দর্শকের ভূমিকা পালন করে থাকেন বলে সাম্প্রতিক এক গবেষণায় দেখা গেছে। ভুল বোঝাবুঝির শিকার হতে পারেন, এমন আশংকায় অনেকেই তাদের আশংকা ব্যাপারে কোন উদ্যোগ নেয়া থেকে বিরত থাকেন। যাহোক, যদি কারো মনে হয় যে, কোন শিশুর সাথে যে আচরণ করা হচ্ছে, তা সঠিক নয়, তাহলে রিপোর্ট করুন। জনগণের কাছ থেকে তথ্য পাওয়া সহ বিভিন্ন উৎস থেকে পাওয়া তথ্যের ভিত্তিতে সাফল্যের সাথে পদক্ষেপ নেয়া সম্ভব হয়।

টাওয়ার হ্যামলেটস বরায যদি কোন বাচ্চার ব্যাপারে আপনি উদ্ভিগ্ন হোন, তাহলে দয়া করে ০২০ ৭৩৬৪ ৫০০৬ নাম্বারে ফোন করুন অথবা

gov.uk/reportchildabuse এই ওয়েবসাইট ভিজিট করে অন্য বারার নাম্বারেও রিপোর্ট করতে পারবেন।

মেয়র, জন বিগস বলেন, নির্যাতন, নিপীড়নের সম্ভাব্য নিদর্শন চিহ্নিত করার ক্ষেত্রে জনসাধারণ এক অনন্য অবস্থানে রয়েছেন। নির্যাতন ও অবহেলার হাত থেকে শিশু কিশোরদের সুরক্ষায় আমাদের প্রত্যেককে গুরুত্বপূর্ণ ভূমিকা পালন করতে হবে। তাই, যদি আপনি এটা সন্দেহ করে থাকেন যে, যা হচ্ছে তা ঠিক নয়, তাহলে আমাদের চিলড্রেন সোশ্যাল কেয়ার টিমের সাথে যোগাযোগ করুন। সম্মিলিতভাবে আমরা শিশু নির্যাতন নির্মূল করতে পারবো।

কেবিনেট মেম্বর ফর এডুকেশন এন্ড চিলড্রেন সার্ভিসেস, কাউন্সিলর র্যাচেল সাভার্স বলেন, পরিপূর্ণ নিরাপত্তার মধ্যে বেড়ে ওঠার অধিকার রয়েছে প্রতিটি শিশুর এবং সব ধরনের নির্যাতন ও অবহেলার হাত থেকে অবশ্যই তাদের রক্ষা করতে হবে।

তিনি বলেন, আমাদের শিশুদের নিরাপত্তা বিধানে বাসিন্দারা গুরুত্বপূর্ণ ভূমিকা পালন করবেন বলে আমরা আশাবাদী।

সিভিক এওয়ার্ডের জন্য ১১

মার্চের মধ্যে নমিনেশন

পাঠানোর আহ্বান

Who goes the extra mile? – issue 1094

বারার এ্যানুয়েল রেসিডেন্টস সার্ভে বা বাসিন্দাদের ওপর পরিচালিত বার্ষিক মতামত জরিপে দেখা গেছে যে, স্থানীয় জনসাধারণ টাওয়ার হ্যামলেটসকে বসবাসের জন্য উন্নত জনপদ হিসেবে পছন্দ করেন। এটা সম্ভব হয়েছে বৈচিত্রময় সাংস্কৃতিক ও নৃতাত্ত্বিক জনগোষ্ঠির সহাবস্থান এবং নিজেদের কমিউনিটির উন্নয়নে তাদের কঠোর পরিশ্রমের ফলে।

নমিনেশন পাঠানোর শেষ সময় ১১ মার্চ শুক্রবার।

প্রচারের আড়ালে পড়ে থাকা সমাজ উন্নয়নে ভূমিকা পালনকারী এই সব তারকাদের কাজের স্বীকৃতি দিতেই টাওয়ার হ্যামলেটস কাউন্সিল তার সিভিক এওয়ার্ড ২০১৬ এর জন্য নমিনেশন



আহ্বান করেছে। বারার সামাজিক, অর্থনৈতিক এবং স্বাস্থ্য ক্ষেত্রের উন্নয়ন ও অগ্রগতিতে যারা অসাধারণ ভূমিকা রেখে চলেছেন, তাদেরকে এই এওয়ার্ড প্রদান করা হবে।

কাউন্সিলের স্পীকার, কাউন্সিলর আব্দুল মুকিত এমবিই বলেন, যারা আমাদের কমিউনিটিতে সত্যিকারের পরিবর্তন আনতে সাধ্যমত চেষ্টা ও শ্রম দিয়ে যাচ্ছেন, তাদের নাম মনোনীত করে পাঠাতে আমি বারার সকল বাসিন্দাদের প্রতি উদাত্ত আহ্বান জানাচ্ছি।



World Book Day – see page 5

৩ মার্চ বৃহস্পতিবার সারা বিশ্বের মতো টাওয়ার হ্যামলেটসেও নানা আনুষ্ঠানিকতার মধ্য দিয়ে পালিত হয় বিশ্ব বই পড়া দিবস ২০১৬। বই পড়াকে উৎসাহিত করতে জাতি সংঘের শিক্ষা, বিজ্ঞান ও সংস্কৃতি বিষয়ক সংস্থা ইউনেস্কো'র উদ্যোগে ১৯৯৫ সাল থেকে সারা বিশ্বে এই দিবসটি পালিত হয়ে আসছে। বারার আইডিয়া স্টোরগুলোতে ই-বুক ও অডিওবুক ডাউনলোড করার প্রশিক্ষণ, শিশুতোষ বইয়ের প্রদর্শনী, গল্পবলা সেশন, গল্পের বিভিন্ন চরিত্রের সঙ্গে সজ্জিত পারফরমারদের পরিবেশনা ইত্যাদি সব বয়সী মানুষদের ব্যস্ত রাখে সারা দিন। এছাড়া বিভিন্ন স্কুলেও ওয়ার্ল্ড বুক ডে পালিত হয় নানা কর্মসূচির মধ্য দিয়ে। উপরের ছবিতে বারার ওল্ড প্রাইমারী স্কুলের ইয়ার সিক্স এর শিক্ষার্থীদের সাথে লেখিকা নাদিন কাদানকে দেখা যাচ্ছে। শিশুতোষ গ্রন্থ প্রকাশনা কোম্পানী ল্যানটানা পাবলিশিং বিশ্ব বই পড়া দিবস উপলক্ষে ওল্ড প্রাইমারী স্কুলে বিশেষ অনুষ্ঠানের আয়োজন করেছিলো, যেখানে বৈচিত্রময় সংস্কৃতির শিশুদের নিজস্ব সংস্কৃতি-কৃষ্টির গল্প গাঁথা কিভাবে উপস্থাপন করতে হয়, তা শিখানো হয়।

News in brief

পালিত হলো ফেয়ারট্রেড

ফোর্টনাইট

২৯ ফেব্রুয়ারী থেকে ১৩ মার্চ পর্যন্ত ফেয়ার-ট্রেড ফোর্টনাইট পালনের মাধ্যমে উন্নয়নশীল দেশের কৃষকদের স্বার্থ সংশ্লিষ্ট ইস্যুগুলোতে জনসচেতনতা সৃষ্টিতে টাওয়ার হ্যামলেটস কাউন্সিল তার দায়িত্ব পালন করে চলেছে।

যে সকল ইস্যু সারা বিশ্বের উন্নয়নশীল দেশগুলোর কৃষক ও তাদের নিয়ে কর্মরত সংগঠনগুলোর ওপর প্রভাব ফেলে থাকে, সেসব ইস্যু সম্পর্কে সচেতনতা বাড়াতে ও বিশ্বের দৃষ্টি আকর্ষণ করতে প্রতি বছর ফেয়ার-ট্রেড ফোর্টনাইট ক্যাম্পেইন পালন করা হয়।

২০১৬ সালের জন্য ফেয়ারট্রেড ফোর্টনাইট ক্যাম্পেইন বা প্রচারাভিযানের মূল প্রতিপাদ্য বিষয় হচ্ছে “নাস্তার জন্য বসুন, কৃষকদের পক্ষে দাঁড়ান”। যেখানে বিশ্বের ৭৯৫ মিলিয়ন লোক অপুষ্টিতে ভুগছে, সেখানে উন্নত বিশ্ব সস্তার খাবার, পানীয় ও পণ্যের ওপর নির্ভরশীল। তাই, অধিকাংশ ক্ষেত্রেই যে কৃষকরা খাদ্য ও পণ্য উৎপাদন করেন, তারা তাদের নিজেদের পরিবারের ভরণ পোষন করতে গিয়ে হিমসিম খায়।

অনুন্নত ও উন্নয়নশীল দেশগুলোর কৃষকরা

যে গুরুতর চ্যালেঞ্জ মোকাবেলা করে চলেছেন, তা নিয়ে আলোচনা করার জন্য নিজেদের জন্য বিগ ফেয়ারট্রেড ব্রেকফাস্ট আয়োজন করতে স্থানীয় কমিউনিটিগুলোকে উদ্বুদ্ধ করে।

৫ মার্চ শনিবার এবং ৬ মার্চ রোববার দুটি বিগ ফেয়ারট্রেড ব্রেকফাস্ট অনুষ্ঠিত হয়।

কমিউনিটি সেফটি এওয়ার্ড অনুষ্ঠান ২২ মার্চ

আগামী ২২ মার্চ মঙ্গলবার সন্ধ্যা ৬টা থেকে ৯টা পর্যন্ত অনুষ্ঠিত হবে বার্ষিক কমিউনিটি সেফটি এওয়ার্ডস বিতরণ অনুষ্ঠান।

এই অনুষ্ঠানে যোগ দিয়ে সমাজ বিরোধী আচরণজনিত কার্যকলাপ কিভাবে মোকাবেলা করা যায়, তা নিয়ে নিজেদের অভিমত তুলে ধরতে বাসিন্দাদের প্রতি আহ্বান জানানো হয়েছে। ২২ মার্চ এই অনুষ্ঠান রিজেন্টস লেক ব্যাঙ্কয়েটিং ভেন্যুতে অনুষ্ঠিত হবে।

অপরাধ দমন ও এন্টি সোশ্যাল বিহেভিয়ার রোধ কল্পে ব্যক্তি পর্যায়ে যারা বা যে সকল সংগঠন গুরুত্বপূর্ণ ভূমিকা পালন করে যাচ্ছেন, তাদের কাজের স্বীকৃতি দিতেই টাওয়ার হ্যামলেটস সেফার নেইবারহুড বোর্ড এবং কমিউনিটি

সেফটি পার্টনারশীপ এই এওয়ার্ড কার্যক্রম গ্রহণ করে। এর লক্ষ্য হচ্ছে, তাদের গুরুত্বপূর্ণ কাজের স্বীকৃতি দেয়ার পাশাপাশি তাদের সাফল্য, উদ্ভাবন ও সেরা তৎপরতাকে তুলে ধরা।

২০১৫ সালে যে সকল স্বেচ্ছাসেবী নিজেরা কিংবা বাসিন্দা/কমিউনিটি গ্রুপ, দাতব্য সংগঠন/সংস্থার সাথে কাজ করেছেন, তাদের মধ্য থেকে নমিনেশন আহ্বান করা হয়েছিলো। এই এওয়ার্ড লাভ অন্যদেরকেও কমিউনিটির নিরাপত্তা বিধানে ভূমিকা রাখতে অনুপ্রাণিত করবে বলে আশা করা হচ্ছে।

ভাগ্যবান বিজয়ীদের হাতে এওয়ার্ড তুলে দবেন ডেপুটি মেয়র ও কমিউনিটি সেফটি বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর শিরিয়া খাতুন এবং মেট্রোপলিটান পুলিশ বারা কমান্ডার।

এই অনুষ্ঠানের আসন সংখ্যা সীমিত। তাই যারা যোগ দিতে আগ্রহী, তাদেরকে ০২০ ৭৩৬৪ ৬১৩৪ নাম্বারে ফোন করে অথবা community.safetyteam@towerhamlets.gov.uk – এই ইমেইলে নাম তালিকাভুক্ত করতে অনুরোধ করা হয়েছে।

■ The above stories are: community safety award; Fairtrade Fortnight campaign – page 9.

বিশ্ব নারী সপ্তাহ ও মাস উপলক্ষে নানা কর্মসূচি

Women's History Month and Women's Week – see page 6

বিশ্ব নারী সপ্তাহ (৬ থেকে ১২ মার্চ) এবং নারীদের ইতিহাস মাস (১ থেকে ৩১ মার্চ) উদযাপন উপলক্ষে টাওয়ার হ্যামলেটস কাউন্সিল বিভিন্ন ধরনের কর্মসূচি গ্রহণ করেছে।

টাওয়ার হ্যামলেটস লকাল হিস্ট্রি লাইব্রেরীতে প্রদর্শিত হচ্ছে ১৩৬ বছর আগে দেয়াশলাই ফ্যাক্টরিতে কর্মরত নারী কর্মীদের ধর্মঘটের নানা তথ্য, ছবি ও পেপার কাটিংসের বিশেষ প্রদর্শনী। 'ওয়াল পেপার হিস্ট্রি' শির্ষক এই প্রদর্শনীটি আগামী ৭ মে পর্যন্ত চলবে।

কাউন্সিলের স্পোর্টস্ টিম মহিলাদের সক্রিয় জীবন যাপনে উদ্বুদ্ধ করতে বিভিন্ন কর্মসূচি গ্রহণ করেছে। এর অংশ হিসেবে ৮ মার্চ মঙ্গলবার সকাল ৯টা থেকে ১২টা পর্যন্ত এবং ইয়র্ক হল লেজার



স্টোরে বিকাল ৬টা থেকে ৯টা পর্যন্ত মহিলাদের খেলাধুলা ও বিডিটি টেস্টার সেশন অনুষ্ঠিত হবে।

আন্তর্জাতিক নারী সপ্তাহ উপলক্ষে বিভিন্ন কমিউনিটি গ্রুপের উদ্যোগে আয়োজিত কর্মসূচিগুলোতেও সহায়তা করছে কাউন্সিল। এর মধ্যে রয়েছে ৮ মার্চ মঙ্গলবার ৪টায় ওসমানী সেন্টারে (আন্ডারউড রোড, ই১) এম্পাওয়ারিং উইম্যান টু টেক এ্যাকশন শীর্ষক বিশেষ অনুষ্ঠান, ৯ মার্চ বুধবার বিকাল ৫টায় টাওয়ার হ্যামলেটস কলেজের (দ্যা ওয়ার্ক হাউজ, পপলার হাই স্ট্রিট)

স্পালাশ ইয়ুথ এ আত্মরক্ষামূলক কৌশল, বক্সারসাইজ, বাক্কেটবল, হেনা ইত্যাদি এবং ১২ মার্চ শনিবার মাইল এন্ড পার্ক লেজার সেন্টারে মহিলা ও বালিকাদের জন্য বাক্কেটবল টুর্নামেন্ট অনুষ্ঠিত হবে।

সংস্কৃতি বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর আসমা বেগম বলেন, উইম্যান হিস্ট্রি মাস্ত্র ও বিশ্ব নারী সপ্তাহ উদযাপনের লক্ষ্যে বৈচিত্রময় নানান কর্মসূচি দেখে আমি অভিভূত। বারার বাসিন্দারা এসব অনুষ্ঠানে যোগ দিবেন বলে আমি আশাবাদী।

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A transformation in progress



Work gets underway on the new development



Building affordable homes for the future

Ring in the changes to the housing market

As spiralling prices continue to risk putting home ownership out of reach for the average Londoner, a community alliance is set to transform property purchase by offering a chance to buy at a third of the open market value. **Jessica Odubayo** reports. Photos by **Kois Miah**.

THE former St Clement's Hospital cared for generations of east Londoners, serving the community for over 150 years.

Now the site in Mile End is beginning the next phase of its history, as the home of London's first community land trust.

Community land trusts are a way of providing genuinely and permanently affordable homes that are owned and run by local people. Their aim is to deliver housing that ensures local people will no longer be priced out of their own neighbourhoods.

London Community Land Trust (London CLT) and charity Citizens UK are inviting applicants to register their interest in buying a home at the St Clement's site.

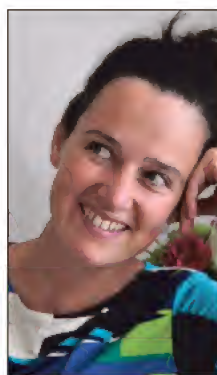
The journey has taken more than a decade of campaigning which started with the UK bid to host the Olympic Games.

The East London Communities Organisation (TELCO), a coalition of community groups which later became Citizens UK, said that it would support the Olympic bid, on condition that it delivered a true legacy for the people of east London.

Citizens UK's demands ranged from paying a London Living Wage to providing a genuinely affordable housing legacy through a community land trust.

The bid team agreed to the terms but, upon winning, decided that in order for them to be able to deliver on the promise, they must see a pilot CLT first.

St Clement's will provide 252 new homes, 35 per cent of which will be affordable housing including 23 pilot community land trust homes, which will be sold at



Resident Suzanne Gorman, who feels priced out of the market

“Properties in my area have gone up by about 80 per cent and wages have remained stagnant.”
Suzanne Gorman

prices linked to local wages. This means that a one-bedroom property will be £130,000, a two-bed will be £182,000 and three for £235,000.

The homes are brand new and meet the vigorous standards of all new build developments. The only 'catch' is that if CLT homeowners ever choose to move, they have to reapply the same formula when they sell – meaning each year, prices will rise with average incomes across the borough, rather than with the open market.

Applicants for community land trust homes at St Clement's must meet minimum household income requirements.

In addition, they must have a strong connection to Tower Hamlets lasting more than five years, be involved in the community, commit to learn about and support the work of the land trust and currently be living in a property which does not meet their basic needs.

London Citizens action group protest over the issue of affordable homes

Picture courtesy of East London CLT





Chair of trustees at London CLT Paul Regan



An artist's impression of the completed St Clement's development



Calum Green, communities and campaigns director at London CLT, said the homes mean 23 families will no longer have to leave the area they love and are able to stay in the community for as long as they want.

Suzanne Gorman, a Stepney resident for the past 13 years, is applying to buy a CLT property at St Clement's which she said is a brilliant model for housing and redefines the term 'affordable'.

The graphic designer currently lives in a shared ownership property with her partner and three school age children but said the family has outgrown their flat and cannot afford a property on the open market.

"Properties in my area have gone up by about 80 per cent and wages have remained stagnant. We couldn't afford to buy somewhere now," the 45 year old told East End Life.

Suzanne, who is a school governor and volunteers for local charities, added: "I love where we live and we're connected to our neighbourhood in so many ways – it's where our friends are, where the children go to school, where they play, where we often work and volunteer. The attachment goes beyond the bricks and mortar of our 'affordable' flat. We really don't want to move away. The community land trust at St Clement's offers us a properly affordable way of owning a home, so we will be applying."

Paul Regan, chair of trustees at London CLT, said the organisation expects a lot of demand for the properties.

"Where else can you find a home this cheap in zone 2?" he asked. Applicants will need to provide a statement about why they want a property, and an independent panel will decide the successful candidates.

Involved with TELCO since 1993 Paul, a retired Methodist minister, told East End Life that he is very excited that the CLT is in sight of its goal.

"We were right 12 years ago when we anticipated that people wouldn't be able to afford to live in London unless the price of homes was linked to local income. Now, we hope to bring a bit of sanity to the housing market," he said.

"When we started our Living Wage campaign, people thought that it was impossible to achieve. In about 15 years time, I hope they will think the same way about CLTs."

As its first set of residents are set to move in from June this year, the CLT intends to find more sites and

Main picture:
The entrance to the former St Clement's Hospital

provide hundreds more genuinely affordable homes. The trust is in conversation with the London Legacy Development Corporation and is pushing to deliver more than 100 CLT homes at the Olympic Park. It is also in talks with councils about potential sites in Lewisham, Redbridge and Croydon.

Those who want to support London CLT to develop more permanently affordable homes for local people are being invited to join in a community share offer – a form of crowd-funding that will offer a five per cent return on money invested.

"You can become a member and can invest from £100 upwards. We are seeking to raise £450,000 to enable us to develop new sites, including at the Olympic Park and south of the river. London needs more homes like these and it is investment from Londoners that can help us build them," Paul said.

Mayor John Biggs signed an undertaking earlier this decade to provide London's first CLT and has followed its progress.

"I strongly support the principle, and want us to understand and promote alternative options such as CLTs that can help families stay in high cost areas like the modern East End," he said.

Applications are due to close at the end of March.

To find out more, visit www.londonclt.org

Mayor of London Boris Johnson shows his support

Picture courtesy of East London CLT



A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, March 8

6.30pm: Licensing committee
The meeting will consider reports on late-night levy proposals and an update about prosecutions and appeals. For details call Simmi Yesmin on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

Wednesday, March 9

7pm: Development committee
For details call Zoe Folley on 7364 4877 or email zoe.folley@towerhamlets.gov.uk

Thursday, March 10

6.30pm: Licensing sub-committee
For details call Simmi Yesmin (as above).
7.30pm: Strategic Development Committee
For details call Zoe Folley (as above).

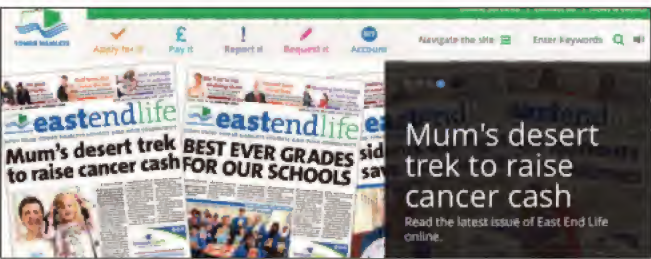
Tuesday, March 15

5pm: Tower Hamlets health and wellbeing board
For details call Elizabeth Dowuona on 7364 4207 or email elizabeth.dowuona@towerhamlets.gov.uk
7.30pm: Standards (advisory) committee.
For details call Elizabeth Dowuona (as above).

Wednesday, March 16

7pm: General purposes committee
For details call Elizabeth Dowuona (as above).

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Planning

E1
35-41 Folgate Street – refurbishment and reconfiguration of existing office, with rear extension to provide additional floorspace, new roof to courtyard and new unit, fronting Folgate Street and alterations to elevations.
138 Brick Lane and 4 Woodseer Street – extend building to convert two studio units into two larger one-beds, creating infill extension.
269a Whitechapel Road – implementation notice of Section 106 agreement signed by 269 Whitechapel Road Freehold Limited and London Borough of Tower Hamlets on October 21, 2015 to planning permission, ref: PA/14/01515.
Aldgate Place, land bounded by Whitechapel High Street, Leman Street, Buckle Street & Commercial Rd – details of ventilation of planning permission, ref: PA/13/00218.
34 Settles Street – roof extension to form single, self-contained dwelling and alteration at ground floor to form new refuse entrance.

E2
Flat 43 & 59, Mark House, Sewardstone Road – replacement of windows and balcony doors.
96 Bonner Road – conversion of existing property to provide two self-contained flats.
406b Hackney Road – details of timber frame shop front of planning permission, ref: PA/15/02017.
St Peter With St Thomas Church, St Peters Close – alterations to west steps and formation of ramps for step-free access, light and ventilation wells at ground level, and installation of plant enclosure and bike stands.
26-28 Cheshire Street – construction of basement below shop and existing car park and construction of skylights.
41-43 Redchurch Street and 9 Chance Street – installation of new shop front and upgraded, double glazed steel windows. Alterations to back first floor facades, adjacent to external amenity space, to include new doorways and replacement windows on second floor.
1 Sugar Loaf Walk – reduce height and lateral spread of hornbeam. Lift Lombardi Poplar canopy and remove lowest limb back to trunk.
11-12 Crown Works – remove front doors to ground floor and replace with new double opening door. Add boiler flue to existing roof.

215-307 Corfield Street – replace existing timber single glazed windows with uPVC double glazed units.
E3
Old Ford Primary School, Wrights Road – remove white beam.
31 Tredegar Square – alterations to rear roof slope. New door and windows to rear extension.
39 Zealand Road – demolition of existing front, lower ground shed and reinstatement with new shed with double doors. Removal of end section of railings.
51 Lichfield Road – proposed ground-floor side infill, rear extension and creation of front lightwell.
Bow Locks, Gillender Street – details of security management scheme and BREEAM of planning permission, ref: PA/11/02764.
4 Fairfield Road – remove front elevation, white painted, single-glazed timber framed windows and replace with white painted, double glazed, timber framed windows.

E14
Unit 4, 20 Canada Square – low-level non-illuminated sign, 1m x 1m x 8cm.
2-4 The Point, Greenwich View Place – details of black redstart strategy of planning permission, ref: PA/12/02055.
Dockmasters House, 1 Hertsmere Road – details of security grilles, joinery and architraves of planning permission, ref: PA/15/02351.
Bygrove Primary School, Bygrove Street – creation of two new structural openings on northern elevation and insertion of powder-coated aluminium windows.
8 Blyths Wharf, Narrow Street – details of samples and screening of planning permission, ref: PA/15/2878.
10 Gaselee Street – conversion of garage into habitable room and construction of single-storey extension to rear.
Leamouth Peninsula North, Orchard Place – details of ventilation and archaeology of planning permission, ref: PA/14/01655.
12-14 Vesey Path – install fascia sign, new graphics on window and security shutter. Alterations to rear facade to accommodate mechanical ventilation plant and reinstatement of windows.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1
7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3.
7510 1081

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www.gotbox22.co.uk

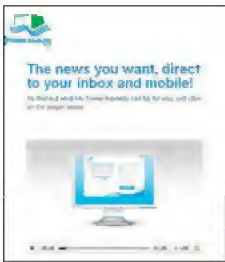
020 3771 7667

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Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's picture was of a sculpture in Bethnal Green Road, E2.

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Employment & skills service
(Skillsmatch) – 7364 3727
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes
– 7364 5015
Healthline – 7364 5016
Anti-Fraud – 0800 528 0294

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice – 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours)
24-hour domestic violence national helpline

0808 2000 247
Haven Whitechapel (sexual assault referral centre)

7247 4787

Karma Nirvana (Honour Network Helpline)

0800 5999 247

Broken Rainbow (LGBT domestic violence)

0845 260 4460

Black Women's Health & Family Support

8980 3503

Rights of Women

(legal advice)

7251 6577

Victim Support Line

0845 30 30 900

Victim Support Tower Hamlets

8555 8254

NSPCC Child Protection Helpline

0800 800 5000

Childline

0800 1111

Shelterline

0808 800 4444

Respect (for perpetrators)

0845 122 8609

Reunite (advice about child abduction)

0116 2556 234

Men's Advice Helpline

0808 8010 327

Samaritans

08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict

Free service for council tenants and leaseholders. 7702 8305

Trading standards

Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk



Old Church Nursery School and Pre School

Walter Terrace, Off Bromley Street, London E1 0RJ

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Please contact: Fahima Begum
020 7790 2824

To advertise in East End Life, call...

Sharan on 7364 4061

Chris on 7364 4994

Fatima on 7364 4623

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Winning formula

Tony Award winner Bríd Brennan plays Maddy Rooney – funny and self-important – in All That Fall.

SEE BELOW

Sixties favourites from outer space



The Clangers, originally broadcast between 1969 and 1972, tells the story of little pink creatures who live on a small moon. They speak in whistles and eat green soup from the Soup Dragon.

Out & About



SAMUEL Beckett described his radio plays as “coming out of the dark”. Now internationally acclaimed director Max Stafford-Clark is taking blindfolded audiences into darkness for a rare, live production of Beckett’s first radio play at Wilton’s Music Hall. All That Fall is about faltering journeys: an elderly woman’s slow walk to a country station to meet her husband on his birthday, and the people who help and hinder her; her blind husband’s train ride home – and the strange event that delays it, keeping them apart in more ways than one. The play runs from Tuesday, March 22 until April 9. Tickets range from £10-£25. Wiltons is in Graces Alley, E1. Call 7702 2789 or visit www.wiltons.org.uk for tickets.

Museum brings kids’ classics to life again

BY JACQUELINE HARTHILL

CLASSIC TV characters the Clangers and Bagpuss are coming to the V&A Museum of Childhood in Bethnal Green.

The magical worlds of the mysterious space dwelling Clangers and saggy old cloth cat Bagpuss will be ex-



plored in a new exhibition later this month.

Created by Oliver Postgate and Peter Firmin, the programmes form part of a major retrospective that will include films not seen for decades.

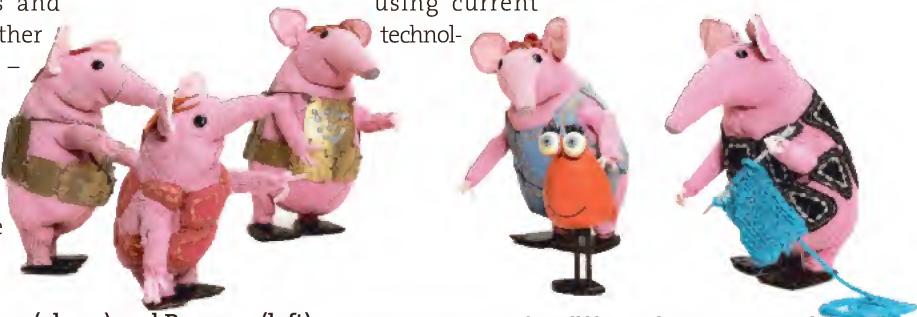
Opening on Saturday, March 19 and running until October 9, the exhibition will also go behind the scenes of some of Postgate’s and Firmin’s other creations – Pogles Wood, Noggin the Nog and Ivor the Engine.

Visitors will be able to see Postgate’s stop-motion film camera, adapted using a small motor and bits of Meccano, learn why Bagpuss changed from orange to pink, and find out what Major Clanger was really saying from original shooting scripts.

They can also try their hand at animating characters using current technol-

ogy and learn to speak ‘Clanger’. There will be film screenings, events, animation discussions and family-friendly workshops to accompany the exhibition. The V&A Museum of Childhood is on Cambridge Heath Road, E2 and open daily, from 10am to 5.45pm.

For details visit www.vam.ac.uk/moc or call 8983 5200.



The Clangers (above) and Bagpuss (left)

Pictures courtesy of Smallfilms and Four Corners Books

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www.uptonparksnooker.co.uk

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www.mileendsnooker.co.uk

TO OBTAIN THIS OFFER, A FULL TWO YEARS' MEMBERSHIP OF EITHER CLUB MUST BE TAKEN OUT.

FULL TERMS AND CONDITIONS WILL APPLY. OFFER FOR A LIMITED PERIOD ONLY

IF you are aged between 13 and 19 and have a passion for dance, then the Tower Hamlets Youth Dance Company (pictured) wants you. Dance training is not required: just a love of dance and a ‘can do’ attitude. The group will be performing as part of the THAMES music service ten-year anniversary concert at the Barbican in July, alongside the Tower Hamlets Youth Orchestra. Rehearsals are taking place on Thursdays from 4.30-6.30pm, during term time, at the Brady Arts & Community Centre, 192-196 Hanbury Street, E1. Male and female young dancers of all styles are wanted and extra rehearsal and show dates may be added. A new tutor and choreographer has joined the company. Colleen Joseph is an experienced youth dance artist and established performer. Some of her most recent credits include Zonation’s West End and Some Like It Hip-Hop. If you are interested in joining the group, email fran.gkotsi@towerhamlets.gov.uk or call 7364 4031 for more information.

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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

7 – 20 MARCH 2016



Artistic education for youngsters

Bow Arts was established in 1994. Its education programme works with more than 80 schools and offers employment and training opportunities for professional artists.

[HTTP://BOWARTS.ORG](http://bowarts.org)

Word of mouth

Map of Me features prize-winning poets and performers Azfa Awad and Rosemary Harris.

SEE BELOW

Out & About



Nando Messias takes *The Sissy's Progress* to the streets

Be a part of the sissy street show

BY JACQUELINE HARTHILL

SOME years ago, Nando Messias was beaten up in the street behind Toynbee Studios.

As a reaction to that act of homophobic hate, the Brazilian dancer created *The Sissy's Progress*, an artistic response to the act of violence.

His part dance-theatre, part-walking performance leads its audience out onto the streets with a live marching band, playing original music composed by Jordan Hunt.

The performance is designed

to confront the harsh contradictions of violence, standing up for sissies everywhere.

Nando, who is classically trained, will head out with his musical director and five musicians.

He said: "It's genuinely frightening. I almost always get abuse from passers-by when we're doing the performance."

"The audience gets to experience that and that makes it feel uniquely relevant."

"I'm particularly proud that we take this performance precisely to places where such work wouldn't normally be

seen. It's a universal theme."

Nando's work straddles performance art, dance and theatre, combining beautiful images with a critique of gender, visibility and violence.

The Sissy's Progress has been performed at Homotopia, Liverpool and OUTBURST, Belfast and is touring the UK.

Performances take place on March 17 at 7.30pm and March 18 at 7pm and 8.45pm.

Tickets cost £10-£18 and the show starts at Toynbee Studios, 28 Commercial Street, E1.

Call 7650 2350 or visit www.artsadmin.co.uk

Submit your vision for Nunnery show

BOW Arts' Nunnery Gallery aims to showcase performance and moving image works by emerging and established artists.

First run in 1999, its open submission exhibition, *Visions*, has exhibited artists such as Oreet Ashery, Lucy Beech and Edward Thomasson, Marianna Simnett and Matt Stokes.

The deadline for submissions for this year's *Visions* is June 13. Artists can enter moving image and performance works, which will run from October to December at the gallery.

The gallery is at 181 Bow Road, E3. Visit <http://bowarts.org/whats-on/exhibitions-and-events/visions-in-the-nunnery-2016>

On the run from war-torn Africa

THE heartfelt story of one girl's hopeful flight into a new life, from the baking African deserts to a snowy UK winter, is told at Half Moon Young People's Theatre.

Two very different characters find common ground within the poetry of the streets.

The audience, meanwhile, becomes the prized confidante on the young girl's journey, where each step towards security is fraught with danger, prejudice and the unknown.

It explores how a displaced child finds a sense of self and belonging, in a moving and uplifting show written from real-life experiences of young



asylum seekers. The play is the third work in the *Suitcase Trilogy* of spoken word performances about migration.

The show, for over-13s, is followed by a short, interactive talk-back session and takes place on Thursday, March 10, at 4.30pm and 7pm. Tickets cost £6.

The theatre is at 43 White Horse Road, E1. For tickets, call 7709 8900 or visit www.halfmoon.org.uk/book

A public lecture from the Institute of Bioengineering and Life Sciences Initiative of QMUL

 Queen Mary University of London

Bioengineering the Human Body: Organs on Chips?

The Next Technology Wave - Biologically Inspired Engineering, a talk by distinguished Harvard Professor Donald Ingber. Introduced and hosted by Robin Ince of the BBC show The Infinite Monkey Cage.

Tuesday 29 March 2016, 5.30 - 8pm

The Octagon, Queens Building, QMUL, Mile End Road, London E1 4NS



Bioengineering is set to change the future of medicine by applying leading edge engineering to solving health problems. Donald Ingber of the Wyss Institute at Harvard will talk about his work creating artificial human and animal organs on chips.

Free and open to the general public. Come along with your family and friends to an evening of lively discussion and good humour. Refreshments will be provided.

For more information and to book:
<http://biohuman.eventbrite.co.uk>
Tel: 0207 882 8726

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Look 'n' cook

Create a Victorian feast at a cookery workshop for all skill levels.

WWW.WILTONS.ORG.UK



Mood and meaning of Indian music

A three-day festival exploring the Western Gharana schools of Indian classical music, with experimental performances also featuring poetry and dance.

WWW.SAUDHA.ORG

Out & about guide

What's on where this week

Cinema

Human Rights Watch Film Festival

Returning to London from March 9-18, the line-up features a selection of films, including many made by and about women. In its 20th anniversary year, the festival brings stories of courage, resilience, honesty and the search for justice to cinemas across London.

Weds, Mar 9-Fri, Mar 18.

Various times.

Barbican, British Museum, Curzon Soho, Picturehouse Central, Ritzy Picturehouse.

<https://ff.hrw.org/london>

London Asian Film Festival

Two films are being screened for the first time at Genesis Cinema.

Teenakahon is a three-part exploration of the changing social fabric of India and Chauranga is set in the dark hinterland of India, where tradition and modernity collide.

Tues, Mar 8, Teenakahon plus Q&A.

Thurs, Mar 10, Chauranga plus Q&A.

Both at 6pm. £15.

Genesis Cinema, 93-95 Mile End Road, E1.

7780 2000

www.genesis-cinema.co.uk

Cutting East Film Festival

The programme is chosen by young people and is packed with films, workshops and performances. Highlights include the Cutting It Short awards gala and the Matthew Martino Benevolent Fund, to showcase films made by young people aimed at everyone. The ceremony will be presided over by the youth jury, a panel of judges who

Folk 'n' blues with Dai and the Ramblers

This roots music four-piece describe themselves as "shouting the blues, folkling around and mixing all that up with a dash of gonzo jazz".

Mon, Mar 14, 8-9pm. Free

Wilton's Music Hall, Graces Alley, E1.

7702 2789

www.wilttons.org.uk



will award prizes to groups or individuals responsible for the best short films.

Sat, Mar 19, 11am-7pm.

Genesis Cinema, 93-95 Mile End Road, E1.

7780 2000

www.genesis-cinema.co.uk

Focus Film Festival: Chronic Youth

Barbican Young Programmers present a weekend of specially curated films and events. This year's event is all about coming of age, breaking the rules and taking risks.

Sat & Sun, Mar 19-20.

Check website for times and details.

Barbican Cinema, Silk Street, EC2.

0845 120 7527

barbican.org.uk/film

Dance

B*witched at Sink the Pink Ball

The theme of the first ball of 2016 is Church of Sink the Pink so get out your naughty nun, drag priest, feral

angel and dirty devil outfits. This zany club night's crew will guide newcomers into the congregation.

Sat, Mar 12, 9pm-1am. £27.50.

The Troxy, 490 Commercial Road, E1.

7790 9000

www.troxy.co.uk/event/church-sink-pink/

Events

Cook up Victorian British classics

Explore the delights of popular Victorian fare at this hands-on cookery experience, suitable for all skill levels from complete novice to kitchen connoisseur. Marie-Laure Preynat, founder of Easy Gourmet, leads a fun and informative workshop where you will learn how to create a starter of bay leaf and spiced pickled salmon, followed by a steak and ale pie, finished off with plum cake. Places are limited to ten.

Tues, Mar 15, 11am-4pm.

All equipment and ingredients provided free.

Wilton's Music Hall, Graces Alley, E1.

7702 2789

www.wilttons.org.uk

Alternative St Patrick's Day

A celebration on board the world's sole remaining tea clipper, the Cutty Sark. Ticket price includes a free shot of whiskey and the opportunity to explore the ship and take in the view of the Thames from the main deck. Sing along to Irish folk songs, dance a Ceilidh and enjoy a relaxing drink underneath the ship's hull.

Sat, Mar 19, 7-10.45pm. £25/£20.

Over-18s only.

Cutty Sark, King William Walk, SE10.

8858 4422

www.cutashine.co.uk

Roman Road Yard Market

New weekly Saturday market in the Roman Road car park.

Sat, Mar 19, 11am-5pm.

Roman Road Yard Market, corner of Roman Road and St Stephen's Road, E3.

08438 868462

hello@romanroadlondon.com

Exhibitions

Show Me the Money

A playful investigation into making art in a time of austerity. Does it pay? Can you become an artist and survive? Do any artists actually make a living or are they supported by rich partners?

Fri, Mar 11, 7.30pm. £7/£5.

Rich Mix, 35-47 Bethnal Green Road, E1.

7613 7498

<http://www.richmix.org.uk/>

Gone Fishing

Thomas Mailaender's show tells the modern-day tale of a young man more enthused by having fun with his friends than the joys of parenthood. Through a compilation of photographs and fictitious letters to his young partner, Mailaender paints the candid portrait of a man who has fled his home and prolongs a trip away with his friends to escape new responsibilities.

Until Fri, Apr 15. Weds-Sat, 11am-7pm and by appointment.

Roman Road, 69 Roman Road, E2.

07954 362263

www.romanroad.com

Music

Fauré Requiem

The London Docklands Singers will perform Gabriel Fauré's renowned Requiem in D minor. Accompanied by Alexander Binns on the organ, the concert also includes Faure's Cantique de Jean Racine.

WHAT'S ON

AT CANARY WHARF

MARCH - APRIL 2016

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ARTS + EVENTS

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(SUBJECT TO AVAILABILITY)

Booking fees apply. All details correct at time of press.

FOR MORE INFORMATION

VISIT CANARYWHARF.COM

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Dorian's secret in the attic

Live music and stylised movement in this new adaptation of Oscar Wilde's classic gothic tale. A portrait in the attic tells the true tale of handsome Dorian's infamous lifestyle.

WWW.SPACE.ORG.UK



Tiny but epic

Puppets and singalong fun tell the classic tale of Tom Thumb.

WWW.RICHMIX.ORG.UK

Out & about guide

What's on where this week

Sat, Mar 12, 7.30pm.
£10/£8 concessions.
All Saints Church, Newby Place,
Poplar, E14.
<http://ldsspringconcert.brownpaper tickets.com>

Lamb plus support

As far back as 1995, Lamb tore up the musical map with Lou Rhodes' rustically unconventional vocal and Andrew Barlow's maverick beats. They have continued to explore dance music with their own brand of electronica, winning the 2015 IDMA best chillout/lounge category. Support to be announced.
Thurs, Mar 17, 7pm.
Over-18s only. £27.50.
The Troxy, 490 Commercial Road, E1.
7790 9000
www.troxy.co.uk/event/lamb

Ghazal, Thumri and Kheyal Festival

A three-day festival at three venues, with the finale at Rich Mix. Saudha delves into the creation of Western Gharana (schools of Indian classical music) and offers experimental performances of world poetry, Kathak dance and Western classical music.
Sun, Mar 13, doors open 6.30pm.
£12/£10.
Rich Mix, 35-47 Bethnal Green Road, E1.
www.saudha.org

Beating Dreams

Simone Pedrini and Jonathan Graham sing their audience into deep water and back.
Fri, Mar 18, 8pm. £5.
504 Gallery, Roman Road, E3.
www.504galleryroom.co.uk



Havelock Walks East

A colourful new exhibition by eight artists from Havelock Walk studios features 61 works of art, including a print of the exterior of the Half Moon Theatre (above), created specifically for the exhibition. Havelock Walks East brings together painters, sculptors, photographers, artists, printmakers and designers. There is also a gallery trail for young people to complete.
Until April 11, Mon-Fri, 10am-6pm, Sat 10am-4pm (theatre show days only). Free.
Gallery @ Half Moon, Half Moon Theatre, 43 White Horse Road, E1.
www.halfmoon.org.uk



Theatre

Between the Cracks

A cutting-edge piece of forum theatre exploring the challenging themes surrounding modern inner-city gang violence, peer pressure and family. After witnessing a scene filled with

dilemmas and bad decisions, the audience are invited to swap places with the actors and try to change the outcome of the scene. A theatre collaboration between HighRise and Spotlight, a creative arts youth space in Poplar.

Weds, Mar 23, 7pm. Free.
Spotlight, 30 Currie Hay Street, E14.
3011 1333

Tom Thumb

This epic story about the smallest hero in the world is brought to life

with puppetry, music and design. Children are encouraged to explore their local natural environments, with music to sing along to and stepping-stones, to follow Tom Thumb's adventure.
Sat, Mar 12, 11am and 2pm. £6.
Ages 4-9 years.
Half Moon Young People's Theatre, 43 White Horse Road, E1.
7709 8900
www.halfmoon.org.uk/book

Eastern Europeans for Dummies

There There have dissected the Eastern European stereotype perpetuated by politicians and the media. This show is an invitation to step behind the headlines and have a wider conversation about immigration, integration and alienation. There There is a 50 per cent Romanian and 50 per cent Serbian performance company.
Fri, Mar 18, 4.30pm and 6.30pm. £8/£6.
Rich Mix, 35-47 Bethnal Green Road, E1.
www.richmix.org.uk

The Picture of Dorian Gray

This new adaptation of Oscar Wilde's classic sees this gothic horror interwoven with live music and stylised movement, exploring the boundaries between art and reality. Dorian Gray's looks can get him anywhere but, as his infamy grows, a trail of sorrow lies in his wake. There's a secret hidden in Dorian's attic and a horrible truth behind the perfect boy's face.
Tues, Mar 22-Sat, Apr 2. 7.30pm.
The Space, 269 Westferry Road, E14.
7515 7799
www.space.org.uk

UNLOCKING THE PAST

Discover the history of Bow Heritage Day at Bow Church

Saturday 12 March
11.30-16.00

ADMISSION FREE



OPEN THE BOX
and discover the past

Stalls, displays and children's art activities all day.

Talks and tours will include:

- 12.00 Local history walk
- 12.30 Replanting the the churchyard
- 1.30 Using local history records
- 2.00 Bells and bell ringing
- 2.30 Architecture of Bow Church
- 3.30 Opening the box and prize giving

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Bow Church
230 Bow Road, London E3 3AH
www.bowchurch.webeden.co.uk

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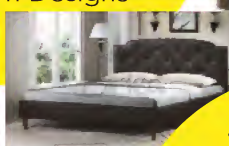
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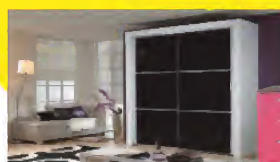


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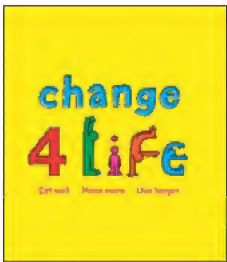
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Eating out, eating in

From the sublime, to the more sublime

BY GORDON BLUE

THE Galvin HOP used to be my much-loved Café a Vin, now posing as a pub de luxe, with copper tanks above the bar that hold a weekly delivery of unpasteurised Pilsner, fresh from the Czech Republic.

There's a rather excellent set menu on offer of three courses for less than £20. Beat that if you can, a stone's throw away from the city. When we went, this included a half pint of the aforementioned craft beer.

The atmosphere is light and breezy, with a disarmingly large bar for the drinkers among us, cosy lighting and handsome fittings. A sense of theatre is provided by the open-hatched kitchen.

The Silver Fox, showing no fear, starts with herrings on toast. Punchy, with bags of flavour and simply served atop hearty sourdough and a horseradish sauce. Sublime! I had to keep distracting him to sneak samples.

I usually think soup is a



A handsome but cosy atmosphere and 'perfect' lunch

rather dull option, but not on this occasion. My watercress soup was vibrant with colour, and sumptuous in texture, thanks to the cream and the carefully made stock. Drizzled grassy olive oil turned a solid 'good' to 'great'.

Endless artisanal baguettes

with butter accompany for the greedy (that's us).

My cod on a bed of creamed leeks was generous in size and mighty in taste. Well seasoned and cooked to perfection, the flesh falling away at the mere sighting of a fork.

This dish was improved by a

side of fries which I wolfed.

Wing of skate served with chargilled lemon and a buttery sauce spiked with capers was also sublime. We were on to a winner here and couldn't quite work out how they provide such value for money at this quality point.

On the afters front we both plumped for bread and butter pudding. This proved a perfect end to a perfect lunch: light brioche-like bread, punctuated with raisins and dark chocolate chips with a hint of orange zest, enhanced by a creamy custard made the traditional way.

We left sated and happy and vowing to return.

Our lunch was matched with a carafe of Viognier and the whole bill came to just over £60 for two including service and water.

Galvin LaChapelle next door is also definitely worth a visit, for the fancy-pants among us. They also offer a great set menu but with price-points to match.

■ **Galvin HOP is at 35 Spital Square, E1. Tel: 7299 0404. www.galvinrestaurants.com**

Fast food that's good for you

THIS dish is super easy and quick – you don't really need weighing scales or more than a couple of pans and it only takes about 20 minutes to cook.

Red lentils are a great source of protein when combined with

rice or bread and can help lower cholesterol.

You can make more than you need and then simply heat in a microwave for a quick and easy meal another time.

There is no oil needed and you do not need to fry the onions as they will soften during cooking.



Aromatic lentils – serves four

Ingredients

Red lentils – about one mug per person
Vegetable stock
1 chopped onion
2-3 cloves of garlic, chopped

Mixed herbs
Chilli powder (optional)
Chopped ginger (optional)
Frozen peas
Crusty bread or rice

Method

1. Put all the ingredients in a pan with stock and pop on to the hob.
2. Make sure the stock comes up about an inch above the mixture.
3. Bring the pan to the boil, then simmer gently for about

- ten minutes.
4. Add the peas and bring back to the boil. Turn down the heat and simmer for a further ten-15 mins.
5. Add a little more stock if the mixture becomes too dry.
6. Serve with bread or rice.

By Michele Sandelson, public health dietician



Vitality Run Hackney Half Marathon

8 May



Great Ormond Street Hospital patient Kayla Williams-Edwards, aged 6



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We're looking for leaseholders to join our Residents' Panel

Can you look closely at performance information and help us to get better?

Can you help us by monitoring our services, so that together we can find ways to improve them?

Can you be part of a group that makes clear recommendations to our Board?



Tower Hamlets Homes

For an application form please contact the Resident Engagement Team, or download one from our website. Applications from Tower Hamlets Homes leaseholders only.

✉ residentengagement@thh.org.uk ☎ 020 7364 5294 🌐 www.thh.org.uk

Closing date:
31 March 2016

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OPEN DAY

Saturday 12 March 2016, 11am - 3pm

at the Tarling Community Centre, 63 Martha Street, London E1 2PA

**FIND OUT
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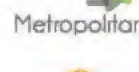
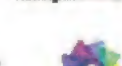
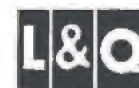
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Nearest transport: | **Bus** 339, D3 | **Overground** Shadwell | **DLR** Shadwell





MORPETH SCHOOL
Portman Place, E2 0PX

EXAM INVIGILATORS

Required for May & June 2016

£10.50 per hour (temporary posts)

We are looking for individuals interested in seasonal work through the busy exam period from May to the end of June to assist the school as exam invigilators. You must have good spoken and written English as you may be required to act as readers or scribes for students with special needs.

This is an excellent opportunity for anyone looking to gain further experience in schools for PGCE placements or for those looking for seasonal or part time work during the summer term.

We are committed to safeguarding our students. Successful candidates will be required to abide by the school's Safeguarding children policies and undergo an enhanced DBS check.

Closing date: Noon on Monday 21 March 2016, with interviews w/c Mon 11 April.

For further information and an application form, see the school website www.morpethschool.org.uk or contact Penny Edwards (exams officer) on 020 8981 0921 ext 224 or email: pedwards@morpeth.towerhamlets.sch.uk



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We require a

Male School Cleaner/Monitor

for our Boys' Toilets with additional cleaning and litter collecting duties.

Scale 1 Point 3 £16,353 (Pro rata)

27.5 hrs per week – All year round

To be responsible for cleaning & monitoring the boys' toilets this role will also include additional cleaning and litter collecting duties.

This school is committed to safeguarding and promoting the welfare of children and young people. All successful candidates will be subject to an enhanced Disclosure and Barring Service check.

Please complete the Application form on the school website www.sjcr.net and send to Mr Evans, the Headteacher, either by post or fax or email haydn.evans@sjcr.net

Closing date: Friday 11th March 2016

Interviews: Tuesday 15th March 2016

FEMALE PA REQUIRED EAST LONDON

To support independent disabled woman for 3 hours a week. £9.15 an hour.

Previous experience of PA work in community setting/ one to one support in an individual's home is essential.

You can download the application pack from www.real.org.uk/AW130 or write to: **Ref. AW130, Real, 1st Floor Jack Dash House, 2 Lawn House Close, London E14 9YQ**

Closing date: 5pm 21 March 2016

Interviews: Early April

SUPPORT WORKER / PERSONAL ASSISTANT REQUIRED

12 hours a week

£9.40 an hour (spread over several days)

To support a young disabled man to access leisure activities in the community and support with shopping.

You can download the application pack from www.real.org.uk/AW131 or write to: **Ref. AW131, Real, 1st Floor Jack Dash House, 2 Lawn House Close, London E14 9YQ**

Closing date: 5pm Monday 21 March 2016

Interviews: To be arranged

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Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
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Headteacher: Gillian Kemp

Enquiries: admin@cyriljackson.towerhamlets.sch.uk

www.cyriljackson.towerhamlets.sch.uk

020 7987 3737

We are looking to appoint two Higher Level Teaching Assistants (From April 2016)

Cyril Jackson is an ambitious, successful and inclusive community school with a national and international reputation for providing a high standard of education. Our staff are highly committed, hardworking and motivated. We are seeking to appoint two HLTAs to help us provide a supportive, stimulating environment and to share our high expectations of achievement for all our children.

We are looking for someone who has:

- ♦ experience of advancing pupils' learning in a range of classroom settings;
- ♦ proven skills in behaviour management;
- ♦ experience working with SEN children;
- ♦ a GCSE at level A-C in English and Mathematics;
- ♦ achievement of a nationally recognised qualification at NVQ Level 3 (or equivalent);
- ♦ commitment to their own professional development;
- ♦ excellent management, interpersonal and organisational skills.

We offer:

- ♦ a welcoming, vibrant and inclusive school community;
- ♦ children who are eager to learn; committed staff, governors and parents;
- ♦ excellent professional development opportunities, as well as a thorough induction programme;
- ♦ supportive, dynamic staff

To arrange a visit to the school, please contact Naomi Agyekum on the above number.

Cyril Jackson Primary school is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment. The successful candidate will require an enhanced DBS clearance.

An application pack can be downloaded from the school website.



Please email your completed application to:

admin@cyriljackson.towerhamlets.sch.uk

Application closing date: 9:00am on Monday 14th March 2016

Interviews: Monday 21st March 2016



Do you want your child to be... “The Best That They Can Be”?

- Do you want an enriched curriculum with an aspirational focus?
- Do you want regular homework for your child that helps develop their basic skills and promote a love for learning at home?
- Do you want to be part of our strong partnership with parents and the community?
- Do you want to see your child enjoy learning, and achieve at school?

If so, then call 0207 790 3647 to make an appointment to visit to the school.

John Scurr Primary School
Cephas Street
Stepney Green, London E1 4AX
Phone: 0207 7903647
email: admin@johnscurr.towerhamlets.sch.uk



The school is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment.

Sport Relief is an initiative of Comic Relief, registered charity 326568 (England/Wales); SC039730 (Scotland).



Photo credits: Lucille Flood, Victoria Dawe, Tom Dymond.

WALK RUN SWIM CYCLE YOURSELF PROUD

The Sainsbury's Sport Relief Games are coming to Queen Elizabeth Olympic Park on Sunday 20th March. With events for all abilities and entertainment for all the family, it'll be an unmissable day.

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Sainsbury's

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18-20 March

Public notices

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – ASSEMBLY PASSAGE E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets having consulted Transport for London, propose to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Assembly Passage for a distance of approximately 50 metres, north, from its junction with Redman's Road;

Reason: To allow works to be carried out on the public highway by Agility Alliance on behalf of Thames Water;

Alternative Route: For vehicular traffic will be via Assembly Passage, Mile End Road (westbound), Sidney Street, Adelina Grove and Redman's Road or Redman's Road, Hannibal Road, Stepney Green, Mile End Road and Assembly Passage;

Period: From Tuesday 29th March 2016 to Saturday 2nd April 2016.

Please refer any queries regard-

ing above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898, or email david.pryce@towerhamlets.gov.uk

Dated: 7th March 2016
SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - WHITE CHURCH LANE E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: White Church Lane for a distance of approximately 20 metres between its junction with Assam Street and its junction with Manningtree Street;

Reason: To allow works on to be

carried out on the public highway by Mervyn Lambert Plant;

Alternative Route: For vehicular will be via Commercial Road and Manningtree Street;

Period: From Wednesday 16th March 2016 to Monday 21st March 2016.

Please refer any queries regarding the above traffic restriction to Dave Pryce, Network Coordinator, Network Management Team, on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 7th March 2016

SIMON BAXTER
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

Why you should read Public & Legal notices.

These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

LONDON BOROUGH OF TOWER HAMLETS

PLANNING APPLICATIONS

PLEASE NOTE THAT THE LONDON BOROUGH OF TOWER HAMLETS PUBLISHES DETAILS OF PLANNING APPLICATIONS IN EAST END LIFE AND THE EAST LONDON ADVERTISER ON ALTERNATE WEEKS.

Applications at the following addresses were published in the East London Advertiser on 3rd March 2016 and anyone wishing to comment may view the applications on the Tower Hamlets web site at <http://www.towerhamlets.gov.uk/Home.aspx> or ring 020 7364 5009 for details.

APPLICATIONS AFFECTING CONSERVATION AREAS AND LISTED BUILDINGS

Flat 1, 1 Wellington Way, London, E3 4NE	PA/15/02971 & PA/15/02972
Silwex House, Quaker Street, London, E1 6SN	PA/16/00392
399A Roman Road, London, E3 5QS	PA/15/02791
12-14 Vesey Path, London, E14 6BT	PA/16/00311
12-14 Vesey Path, London, E14 6BT	PA/16/00312
James Brine House, Ravenscroft Street, London	PA/16/00408
11-12 Crown Works, London, E2 6QQ	PA/16/00407
Tower Of London, Tower Hill, London	PA/16/00430
First Floor And Second Floor, 12A Brick Lane, London, E1 6RF	PA/16/00410

HOUSEHOLDER APPLICATIONS

178 Bow Common Lane, London, E3 4HH	PA/16/00045
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MAJOR APPLICATIONS

Silwex House, Quaker Street, London, E1 6SN	PA/16/00392
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Dated: 7th March 2016

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Flat C, 66 Settles Street, London, E1 1JN Loft conversion with rear and front dormers.	PA/15/03493
75 Sidney Street, London, E1 2EU Two storey rear yard infill and construction of a washroom in the basement	PA/16/00394
Guardian Angels School, Whitman Road, London, E3 4RB The proposed works include repairs and redecoration of the sash windows to the Victorian school building. The works involve the rebalancing of sash windows, pulley replacement, improving the lubrication and movement of the sashes, replacement of draught proofing and decoration.	PA/16/00440
Flat D, 210 Bow Common Lane, London, E3 4HH Erection of a 'dormer window; to provide new single bedroom and en suite. Proposal also includes a green roof terrace with iron railing balustrade and enlarged skylight.	PA/16/00449
14 Fournier Street, London, E1 6QE Alteration of window arrangement at third floor level.	PA/16/00456
Preston Road, Coldharbour (South Arm), E14 9SY 1 no. internally illuminated digital 6 sheet and 1 no. static or scrolling paper 6 sheet on reverse panel on a bus shelter.	PA/15/02459
797 Commercial Road, London, E14 7HG Proposed single storey rear extension, proposed mansard (3rd floor), new shopfront, windows replacement, new timber stairs to first floor, new mild steel stairs to basement and internal alterations.	PA/16/00419
13 Cheshire Street, London, E2 6ED Retrospective application for: change of use from "live/work" to "residential" and replacement of doors and windows	PA/16/00300
206 Whitechapel Road, London, E1 1AA New air conditioning units to roof.	PA/16/00162
The Watch House, Wood Close, London E2 6ET External and internal repairs. Specifically re-pointing to open joints and areas of cracked masonry. Upgrading thermal insulation to bathroom ceiling and floors. New kitchen and bathroom fittings. Replacement extraction fans to kitchen and bathroom.	PA/16/00436
No. 66-68 Bell Land and No. 1-5 Tenter Ground, London, E1 7LA The demolition of the existing building at 66-68 Bell Lane and erection of single dwelling house over five floors (including basement) with ancillary private artist's studio space and ancillary residential accommodation located on the 2nd floor of No. 1-5 Tenter Ground	PA/16/00391
1-16 Byas House, Benworth Street, London, E3 2AY Proposed replacement front entrance doors.	PA/16/00274
230 Mile End Road, London, E1 4LJ Use of public highway for the placing of tables and chairs in connection with restaurant	PA/16/00424
1-31 Electric House, Bow Road, London, E3 2BL Proposed new pitched roof and replacement of all existing timber front entrance door/s with new UPVC doors.	PA/16/00272
221 Grove Road, London, E3 5SN Extension to rear of existing premises for storage purposes.	PA/16/00342
34 Tredegar Road, London Retrospective planning permission for the removal of existing front elevation white painted single glazed timber windows and replacement with white painted double glazed timber windows matching the existing fenestration.	PA/16/00445
4 Fairfield Road, London, E3 2QB Removal of existing front elevation white painted single glazed timber framed windows and replacement with white painted double glazed timber framed windows to match the existing fenestration.	PA/16/00462 & 00463

The application and supporting drawings may be viewed electronically at the Planning Office between 9am and 1pm Mondays to Fridays. However, paper files are available for major applications only. You can visit between these times without making an appointment and a planner will be available to help with any general enquiries. The information will also be available on the Council's web site at <https://development.towerhamlets.gov.uk>. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at:

Tower Hamlets Planning Department, Mulberry Place, 5 Clove Crescent, London E14 2BG
email:development.control@towerhamlets.gov.uk

Dated: 7th March 2016

OWEN WHALLEY

Head of Planning and Building Control



Public notices

LONDON BOROUGH OF TOWER HAMLETS	road into A12 Blackwall Tunnel Northern Approach off slip (in the northbound direction);	northbound direction);
ROAD TRAFFIC REGULATION ACT - SECTION 14(1)	Reason: To allow works to be carried out on the public highway by Ringway Jacobs on behalf of Transport for London;	Period: From Thursday 24th March 2016 until Monday 28th March 2016.
TEMPORARY PROHIBITION OF TRAFFIC – DEVAS STREET E3	Alternative Route: For vehicular traffic will be via the A12 Blackwall Tunnel Northern Approach (in the northbound direction), Bow Road Roundabout, the A12 Blackwall Tunnel Northern Approach (in the southbound direction), Twelve Trees Crescent and Devas Street or Devas Street, Twelve Trees Crescent, A12 Blackwall Tunnel Northern Approach (in the southbound direction), Bow Road Roundabout and A12 Blackwall Tunnel Northern Approach (in the	Please refer any queries regarding the above traffic restriction to Tricia Bruno, Network Coordinator, Clean, Green and Highways on 020 7364 6671 or email tricia.bruno@towerhamlets.gov.uk
NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, made an Order, which will prohibit vehicular traffic from proceeding the following temporary prohibition:		
Location: Entry into slip road in Devas Street and exiting the slip		Dated: 7th March 2016
		SIMON BAXTER INTERIM SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

London Borough of Newham



TOWN AND COUNTRY PLANNING ACT 1990
(as amended) Town and Country Planning (Determination of Appeals by Appointed Persons) (Prescribed Classes) (Amendment) (England) Regulations 2009
Town & Country Planning (Environmental Impact Assessment) Regulations 2011

NOTICE OF PUBLIC INQUIRY

At Greater London Authority, City Hall, The Queen's Walk, London, SE1 2AA
On 15 March 2016 at 10:00am

REASON FOR INQUIRY
Appeal by London City Airport Limited

Relating to the application to London Borough of Newham for Works to demolish existing buildings and structures and provide additional infrastructure and passenger facilities at London City Airport. Detailed planning permission is being sought for: (a) Demolition of existing buildings and structures; (b) 4 no. upgraded aircraft stands and 7 new aircraft parking stands; (c) Extension and modification of the existing airfield, including the creation of an extended taxilane; (d) Emergency vehicle access point over King George V Dock; (e) Replacement landside Forecourt to include vehicle circulation, pickup and drop off areas and hard and soft landscaping; (f) Eastern Extension to the existing Terminal Building (including alteration works to the existing Terminal); (g) Construction of a 3 storey passenger pier to the east of the existing Terminal; (h) Erection of Noise Barriers; (i) Western Extension and alterations to the existing Terminal; (j) Western Energy Centre, storage, ancillary accommodation and landscaping; (k) Facilitation Works including temporary coaching facility and extension to the outbound baggage area; (l) Upgrading works to Hartmann Road; (n) Passenger and staff parking, car hire parking, Taxi Feeder Park and ancillary and related work; (o) Eastern Energy Centre; (p) Dock Source Heat Exchange System within King George V Dock; and (q) Ancillary and related work.

At London City Airport, Hartmann Road, Royal Docks, London, E16 2PX

An Inspector, Mr Martin Whitehead LLB BSc(Hons) CEng MICE, instructed by the Secretary of State will attend at the place, date and time shown above to hold an inquiry.

Members of the public may attend the inquiry and, at the Inspector's discretion, express their views. If you, or anyone you know has a disability and is concerned about facilities at the inquiry venue, you can visit the following website to view facilities for disabled visitors to City Hall: <https://www.london.gov.uk/about-us/our-building-and-squares/access-disabled-visitors-city-hall>

Documents relating to the appeal can be viewed at the Council's offices at Newham Dockside by prior arrangement or on line at www.newham.gov.uk/pa and using the following reference in the 'appeals' tab: 15/00093/REF

Planning Inspectorate Reference: APP/G5750/W/15/3035673

Contact point at the Planning Inspectorate:
Leanne Palmer, Room 3/26, Temple Quay House, 2 The Square, Temple Quay, Bristol, BS1 6PN Tel: 0303 444 5471

You can use the internet to check the progress of the appeal through the Planning Portal. The search page address is - www.planningportal.gov.uk/planning/appeals/online/search

Notice Of Application For Planning Permission

Notice Of Application For Planning Permission Under Article 15 Of The Town and Country Planning (Development Management Procedure) (England) Order 2015 The Town And Country Planning Act 1990 (As Amended)

Date of notice: 07-Mar-2016

In accordance with the above act and related legislation, notice is hereby given that the application forms, plans and other documents submitted in relation to the proposal noted below may be examined at the London Legacy Development Corporation reception Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. The reception is open from 09:00 – 17:00 Monday to Friday by appointment only telephone number **020 3288 8820**. The above documents are also available to view and/or download from the Planning Register on the Planning Policy and Decisions Team website <http://planningregister.londonlegacy.co.uk>. **Anyone who wishes to make comments about the application should write to the following address quoting the relevant Application Reference Number:** Director of Planning Policy and Decisions Team, London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. Alternatively comments can be made by email to: planningenquiries@londonlegacy.co.uk. Comments should be submitted within **21 days** of the date of this notice and should be received by **27-Mar-2016**.

Application Reference No: 16/00035/FUL **Application Site:** Land south of City Mill River and the Olympic Stadium (Stadium Island) **Description of Proposal:** Application for full planning permission for the erection of a six storey building (maximum height +30.2m AOD) to provide a six form entry secondary school (up to 1,140 pupils) including sixth form (maximum 10,045sqm GEA floorspace), with associated highways and landscaping works. **Applicant's name:** David Ross Education Trust (DRET) **Application Reference No:** 16/00039/REM **Application Site:** Planning Delivery Zone 4 - Land east of Lea Navigation River and west of the Olympic Stadium (Stadium Island) **Description of Proposal:** Reserved Matters application pursuant to the planning permission 11/90621/OUTODA as varied by 14/00036/VAR for the provision of a two form entry primary school (420 pupils) (aka Sweetwater Primary School) in PDZ4.7, as well as playing field and associated changing rooms in PDZ4.6 and associated highways and landscaping. **Applicant's name:** David Ross Education Trust (DRET) **Application Reference No:** 16/00040/FUL **Application Site:** PDZ 4/Sweetwater, Queen Elizabeth Olympic Park **Description of Proposal:** Construction of a temporary road linking the existing Loop Road in PDZ 4 /Sweetwater to a new permanent road in PDZ4 to provide access to the Sweetwater Primary School (PPDT ref: 16/00039/REM) **Applicant's name:** David Ross Education Trust (DRET) **Dated:** 07-Mar-2016; **Authorised by:** Anthony Hollingsworth **On Behalf of:** London Legacy Development Corporation, Planning Policy and Decisions Team.

LONDON BOROUGH OF TOWER HAMLETS THE TOWER HAMLETS VICTORIA PARK CAR PARK AND ST. MARKS GATE CAR PARK (OFF STREET PARKING PLACES) (NO.1) ORDER 2016 NO.11

1. NOTICE IS HEREBY GIVEN that on 07th March 2016, the Council of the London Borough of Tower Hamlets made the above-mentioned Order under the relevant sections of the Road Traffic Regulation Act 1984, as amended by the Local Government Act 1985 and the Traffic Management Act 2004.

2. The general effect of the Order will be to introduce an off-street parking place under local authority enforcement thereby introducing charges and conditions to the use of the car parks located on,

(a) **Victoria Park Car Park** – on Grove Road junction with Old Ford Road,

(b) **St. Marks Gate Car Park** – on Wick Lane junction with Jodrell Road.

Provided that between 8.30am and 5.30pm Mondays to Sundays and that vehicles will be required to Pay by Phone (cash less) parking, the charges at each of the car parks would be as follows:-

Car Park	Monday to Sunday 1 hour	Monday to Friday 4 hours	Monday to Friday All day	Saturday to Sunday 4 hours	Saturday to Sunday All day
Victoria Park	£2.00	£5.00	£7.00	£3.00	£5.00
St. Marks Gate	£2.00	£5.00	£7.00	£3.00	£5.00

(c) The Parking places will be open between 8:30am and 5:30pm Mondays to Sundays for use only by motor cycles, motor cars, invalid carriages and good vehicles.

(d) Provide that vehicles displaying a disabled person's badge issued by any local authority will only be exempt from the above hourly charge if such vehicles are left in the marked out disabled bays (maximum stay 2 hours no return within 2 hours) from which all other vehicles will be prohibited.

3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.

4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at Parking Mobility & Transport Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6949), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.

5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 7th March 2016

SIMON BAXTER
SERVICE HEAD, PUBLIC REALM



PUBLIC NOTICE – LONDON BOROUGH OF TOWER HAMLETS COUNCIL

PROPOSED LOCAL AUTHORITY ENFORCEMENT OF ROMAN ROAD CAR PARK

THE TOWER HAMLETS (OFF STREET PARKING PLACES) (NO.1) Experimental Order 2016

1. NOTICE IS HEREBY GIVEN that on 19th March 2016, the Council of the London Borough of Tower Hamlets made the above-mentioned Order under section 9 of the Road Traffic Regulation Act 1984, as amended by schedule 5 of the Local Government Act 1985 and the Traffic Management Act 2004.

2. The general effect of the Experimental Order under local authority enforcement thereby introducing charges and conditions to the use of the car parks located on,

(a) **Roman Road Car Park** - in Roman Road junction with St Stephens Road.

(b) Provided that between 8.30am and 5:30pm Mondays to Friday charges for vehicles in the parking places will be at the rate of £3.40 per hour (maximum stay 2 hours) and that vehicles will be required to either Pay by Phone (cash less) parking or Pay and Display an appropriate ticket issued by a ticket machine.

The Parking places will be open between 8:30am and 5:30pm Mondays to Friday for use only by motor cycles, motor cars, invalid carriages and good vehicles.

(c) Provided that vehicles displaying a disabled person's badge issued by any local authority will only be exempt from the above hourly charge if such vehicles are left in the marked out disabled bays (maximum stay 2 hours no return within 2 hours) from which all other vehicles will be prohibited.

(d) Provided that between 01:00am to 08:00pm Saturdays this Experimental Order allows the use of this area as Market.

3. A copy of each of the Orders, which will come into operation on 19 March 2016, any person desiring to question the validity of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any relevant requirements thereof or any regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the date on which the Order was made make an application for the purpose to the High Court.

4. If the provisions of the Orders continue in operation for a period of not less than six months, the Council will consider in due course whether they should be reproduced and continued in force indefinitely by means of Orders under Sections 6, 45, 46, 49 and 124 of the said Act of 1984, as amended by the said Act of 1985 and the said Act of 2004. Any persons desiring to object to the making of any of the Orders under those sections of the said Act of 1984 for the purpose of such reproduction and continuation in force may, within the aforementioned period of six months, send a statement in writing or by email to parking.development@towerhamlets.gov.uk writing of their objections and the grounds thereof to Parking Mobility & Transport Services Offices, 585-593 Commercial Road, London E1 0HJ (0207-364 6949).

Dated: 7th March 2016

SIMON BAXTER
SERVICE HEAD, PUBLIC REALM



Public notices

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - JOHN FISHER STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted Transport for London, propose to make an Order, which will prohibit vehicular traffic from entering, stopping or

proceeding the following temporary prohibition:

Location: John Fisher Street for a distance of approximately 30 metres, south, from its junction with Royal Mint Street;

Reason: To allow works to be carried out on the public highway by LBTH;

Alternative Route: For vehicular traffic will be via John Fisher Street, East Smithfield, Cartwright Street and Royal Mint Street;

Period: From Monday 28th March to Thursday 31st March

2016.

Please refer any queries regarding the above traffic restriction to Gary Marshall, Street Scene Engineer, Engineering Group on 020 7364 6669 or email gary.marshall@towerhamlets.gov.uk

Dated: 7th March 2016

SIMON BAXTER
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

To place an advert in East End Life, call...

Terri on 7364 4682

Chris on 7364 4994

Fatima on 7364 4623

Sharan on 7364 4061

Take Notice of

Public Notices

Make sure you know what's going on in your neighbourhood.

Notice is hereby given that the London Borough of Tower Hamlets has set its Council Tax at the following amounts for the financial year **1st April 2016 to 31st March 2017**;

Band A	£797.90
Band B	£930.89
Band C	£1,063.86
Band D	£1,196.85
Band E	£1,462.81
Band F	£1,728.79
Band G	£1,994.75
Band H	£2,393.70

WILL TUCKLEY
CHIEF EXECUTIVE



Public notices

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – TURVILLE STREET E2

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets propose to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding, the following temporary prohibition:

Location: Turville Street between its junction with Redchurch Street and its junction with Old Nichol Street;

Reason: To allow works to be carried out on the public highway by Centercomms on behalf of BT Openreach;

Alternative Route: For vehicular traffic will be via Redchurch Street (eastbound), Swanfield Street and Old Nichol Street and vice versa;

Period: From Tuesday 22nd March 2016 to Thursday 24th March 2016.

Please refer any queries regarding the above traffic restrictions to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 7th March 2016

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – ZEALAND ROAD E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Zealand Road between its junction with Chisenhale Road and its junction with Roman Road.

Reason: To allow works to be carried out on the public highway by Mervyn Lambert Plant.

Alternative Route: For vehicular traffic will be via Chisenhale Road, Ellesmere Road and Roman Road and vice versa.

Period: From Monday 21st March 2016 to Friday 25th March 2016.

Please refer any queries regarding the above traffic restriction to Dave Pryce, Network Coordinator, Network Management Team, Clean, Green and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 7th March 2016

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

LONDON BOROUGH OF TOWER HAMLETS

THE TOWER HAMLETS (WAITING AND LOADING) (NO.1) ORDER 2015 (AMENDMENT NO.14) ORDER 2016

THE TOWER HAMLETS (FREE PARKING PLACES) DISABLED PERSONS (NO.1) ORDER 2015 (AMENDMENT NO.9) ORDER 2016

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 7th March 2016 propose the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.
2. The general effect of the Orders would be to in:
 - a) To upgrade the Single Yellow Line to Double Yellow Line with No Loading 'At Any Time' Restrictions in:
 - i) **Cranford Street** – The whole length of the East side.
 - ii) **Cranford Street** – North and West sides opposite and outside no.10 Cranford Cottages respectively.
 - iii) The corner of and including **Cyprus Street** and **Cyprus Place**.
 - iv) **Ada Gardens** and **Wooster Gardens** – Both sides, from the junction of Blair Street, northwards for approx. 30m.
 - b) **St. Peter's Square (Opposite Mary James House)** – Southside only – closest to the Church, to upgrade the existing Single Yellow Line with a No Loading Restriction operating Monday to Friday between 7am to 5.30pm.
 - c) **Alpha Grove** – To convert a Single Residential Parking space into a Personalised Disabled Bay (Opp.115)
3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.
4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the Parking Services Offices, 585-593 Commercial Road, London E1 0HJ (020 7364 6952), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.
5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 7th March 2016

SIMON BAXTER
SERVICE HEAD, PUBLIC REALM



TEMPORARY PROHIBITION OF TRAFFIC – VIRGINIA ROAD E2

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets propose to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Virginia Road between its junction with Swanfield Street and its junction with Hocker Street.

Reason: To allow reconstruction of a speed table to be carried out on the public highway by LBTH;

Alternative Route: For vehicular traffic will be via Hocker Street, Arnold Circus, Club Row, Old Nichol Street and Swanfield Street;

Period: From Tuesday 29th March 2016 to Sunday 26th June 2016.

The highways improvement works will progress in stages as and when the road closure is required within the allocated duration.

Please refer any queries regarding the above traffic restriction to Ian Powell, Street Scene Engineer, Engineering Group, on 020 7364

6801 or email, ian.powell@towerhamlets.gov.uk

Dated: 7th March 2016

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – POPLAR HIGH STREET E14

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit or ban vehicular traffic from proceeding, the following temporary prohibition:

Location: Turning left from the slip road in Poplar High Street, in the westbound direction, into Pre-

LONDON BOROUGH OF TOWER HAMLETS

AUDIT OF ACCOUNTS 2013/14

Notice of council's decision in response to recommendation made by the council's auditors under Section 11 of the Audit Commission Act 1998

In a final report to those charged with governance for the financial year ending 31 March 2014 dated 8 October 2015, the Council's Auditor, KPMG LLP, issued a recommendation pursuant to Section 11(3) of the Audit Commission Act 1998.

This recommendation required the Authority to undertake a detailed review of its governance processes across the Authority to satisfy itself that they are appropriate and operating effectively.

This included consideration of:

- roles and responsibilities of the various officers and executive committees and the interaction with members and member committees;
- delegation and escalation processes; and
- the sufficiency of analysis and support in relation to decisions by members, officers and relevant committees.

The Council considered the Auditor's recommendation at a meeting of the Council on 20 January 2016, and at the General Purposes Committee on 8th February.

The Council agreed to accept the recommendation raised by the auditors. Full Council and the General Purposes Committee also agreed that the following courses of action are to be undertaken:-

- Continue with actions identified in the Best Value Action Plan in keeping with the agreed timescales.
- Set up a 'Governance Review Group' with formal 'Terms of Reference' to thoroughly review the governance processes of the council.
- Construct a 'Governance Review Group Action Plan', with identifiable tasks, responsible officers and timeframes.
- Complete other items identified in the ISA260 (Report to those Charged with Governance).
- Report progress to the General Purposes Committee and the Audit Committee on a regular basis.

These actions have been approved by the auditors.

Zena Cooke

Corporate Director of Resources
London Borough of Tower Hamlets
22nd February 2016

ston's Road;

Reason: To allow reinstatement works to be carried out on the public highway by Agility on behalf of Thames Water;

Alternative Route: For vehicular traffic, will be via Poplar High Street (westbound), Newby Place (northbound), Montague Place (eastbound), Bazely Street (southbound), Poplar High Street (eastbound) and Preston Road (southbound);

Period: On Saturday 19th March 2016 and Sunday 20th March 2016.

Please refer any queries regarding the traffic restriction to John Parsons, Network Coordinator, Network Management Team, Clean, Green and Highways on 020 7364 6680 or email john.parsons@towerhamlets.gov.uk

Dated: 7th March 2016

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT

LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

SPECIAL TREATMENT LICENCES

NOTICE IS HEREBY GIVEN, that Elina Tan has applied to the London Borough of Tower Hamlets for laser hair removal and laser skin rejuvenation.

Licence(s) for the premises East River Spa, Radisson Blu Edwardian, New Providence Wharf, 5 Fairmont Avenue, London, E14 9PJ.

Anyone wishing to oppose the application must give notice in writing to David Tolley, Head of Consumer and Business Regulations Service, 6th Floor, Mulberry Place, 5 Clove Crescent, London, E14 2BG WITHIN THREE WEEKS specifying the grounds of opposition.

Persons objecting to the grant of a licence must be prepared to attend in person at a hearing before a Committee of the Council.

The London Borough of Tower Hamlets
Notice of Variation of Parking Charges

The Council of the London Borough of Tower Hamlets, in exercise of its powers under the Road Traffic Regulation Act 1984 and the Local Government Act 1985 hereby gives Notice that as from 1st April 2016 the charge for the issue of the following types of Permit and other charges will be varied as follows:



A) RESIDENT PERMITS

BAND	ENGINE SIZE (cc)	CO2 EMISSIONS (g/km)	2015/16 PERMIT CHARGE (£)		NEW PERMIT CHARGE (£)	
			6 months	12 months	6 months	12 months
Motor Cycles	Any	Any	n/a	16	n/a	16
Electric	n/a	n/a	6	6	6	6
A	-	<= 100	6	6	6	6
B	<=1100	101-120	29	46	29	46.50
C	1101-1300	121-150	35	57	35	57.50
D	1301-1600	151-165	46	80	46.50	81
E	1601-1800	166-185	57	102	58	103
F	1801-2000	186-225	69	125	70	126
G1	2001-3000	226-325	80	141	81	142
G2(*)	>3000	>325	91	170	92	172

(*) Multi-vehicle permits and permits for foreign-registered vehicles are charged at Band G2. Foreign-registered vehicles are only eligible for 6-month permits.

B) BUSINESS, CONTRACTOR, DOCTOR AND PUBLIC SERVICE PERMITS

BAND	ENGINE SIZE (cc)	CO2 EMISSIONS (g/km)	2015/16 PERMIT CHARGE (£)			NEW PERMIT CHARGE (£)		
			3 months	6 months	12 months	3 months	6 months	12 months
Electric	n/a	n/a	7	7	7	7	7	7
A	-	<= 100	229	340	549	231	343	554
B	<=1100	101-120	242	360	582	244	364	588
C	1101-1300	121-150	262	387	621	265	391	627
D	1301-1600	151-165	288	426	687	291	430	694
E	1601-1800	166-185	290	460	696	303	448	726
F	1801-2000	186-225	313	464	751	316	469	759
G1	2001-3000	226-325	327	484	784	330	489	792
G2(**)	>3000	>325	340	499	817	343	504	825

(**) Multi-vehicle permits are charged at Band G2.

C) MARKET TRADER PERMITS

2015/16 PERMIT CHARGE (£)			NEW PERMIT CHARGE (£)		
3 months	6 months	12 months	3 months	6 months	12 months
173	292	475	175	295	480

D) OTHER PERMITS

Type	2015/16 Charge (£)	New Charge (£)
Car Club Permits	206 / year	208 / year
Daily Contractor Permits	25 / day	25 / day
Temporary Resident Permits	6 / day	6 / day

E) SCRATCHCARDS

Type	Time permitted per scratchcard	Scratchcards per book	2015/16 charge per book	New charge per book
Business	20 minutes	15	22	22
Market Trader	1 day	5	26	26
Public Service	3 hours	10	37	37
Resident visitor	6 hours	10	15	15

F) PAY AND DISPLAY CHARGES

Zones	2015/16 Charge (£ / hour)	New Charge (£ / hour)
A1, A2, A5, A6, C1, C2	4.40	4.40
A3, A4, C3, C4	3.80	3.80
B1, B2, B3, D1, D2	3.40	3.40
Roman Road Car Park	3.40	3.40

G) SUSPENSIONS

Charge	2015/16 Charge (£)	New Charge (£)
Administration for residents, emergency services and registered charities	82.00	83.00
Administration for businesses and companies	82.00	83.00
Bay per day – zones A1, A2, A5, A6, C1, C2	40.00	40.00
Bay per day – zones A3, A4, C3, C4	40.00	40.00
Bay per day – zones B1, B2, B3, D1, D2	40.00	40.00

H) DISPENSATIONS AND SKIP LICENCES

Charge	2015/16 Charge (£)	New Charge (£)
Administration for residents, emergency services and registered charities	18.00	18.00
Administration for businesses and companies	57.00	58.00
Vehicle / skip per day – zones A1, A2, A5, A6, C1, C2	40.00	40.00
Vehicle / skip per day – zones A3, A4, C3, C4	40.00	40.00
Vehicle / skip per day – zones B1, B2, B3, D1, D2	40.00	40.00

I) TRAFFIC MANAGEMENT ORDERS

2015/16 Charge (£)	New Charge (£)
3,400	3,435

J) NEW CHARGES

Charge	2015/16 Charge (£)	New Charge (£)
Disposal of abandoned vehicles removed from private land	n/a	50.00 / per disposal
Permit administration – refund for returned permits	n/a	25.00 / per item

K) ALL OTHER CHARGES ARE UNCHANGED.

Dated: 7th March 2016

SIMON BAXTER, Interim Service Head (Public Realm), Communities, Localities & Culture



A challenge like no other

"Because of Louis, this is a cause close to our hearts so we are determined to raise £5,000. This challenge is something out of the ordinary and hopefully will capture the public's imagination."

TORY TOMLINSON

Splash the cash

To donate money to the channel swimmers visit www.justgiving.com/Team-Louis-swim-the-channel

Sport

Channel swim is a family affair

BY PETER FAULKNER

SPITALFIELDS pastor Tory Tomlinson wants to make a spectacular splash for charity.

So she has persuaded five family members to join her... on a 20-mile swim across the English Channel.

Tory, 35, a pastor with Christ Church Children's and Families unit, wants to raise £5,000 for the Nephrotic Syndrome (NeSt) charity.

She will be joined by her mother, Debbie, 52, uncle Graham Hiom, 48, brother Oli, 29, cousin Caitlin, 20, and her partner Callum, 20.

Tory said the family were all keen swimmers, but because her seven-year-old cousin Louis suffers from the illness, they wanted to "do something amazing for charity".

On July 28 they will begin their



Tory Tomlinson at St George's Leisure Centre, Wapping

epic 14-18 hour swim from Dover to Calais, doing it in relays and hoping their months of tough training will have paid off.

It's not a new challenge for Tory's

uncle Graham, because he has already swum the Channel twice

Tory, who also works at Christ Church Primary School in Brick Lane, said she had underestimated just

how tough a challenge training while working would be.

"I have been swimming three times a week and should cover about 5k," she said.

"This month I need to start swimming outdoors to get used to the cold temperatures.

"I have found it physically demanding, fitting this in with a full-time job and, when we begin training outdoors, we will probably have to switch to the Serpentine.

"I do cycling as well to build up my strength and did a triathlon a couple of years ago, so I am used to training.

"Now I have got to get used to energy tablets and protein drinks, while the weather will dictate what happens on the day.

"I will be swimming for an hour at a time and then I will have to get

used to sitting on a boat for long periods while others in the relay do their bit.

"We just have to hope everyone can swim on the day because, if anyone pulls out, the race is over as no one can take their place."

Nephrotic Syndrome attacks the immune system and affects the kidneys. While distressing, it can be treated and many kids grow out of it.

"Because of Louis, this is a cause close to our hearts so we are determined to raise £5,000 or more if we can," added Tory.

"We are all passionate about swimming, but this challenge is something out of the ordinary and hopefully will capture the public's imagination."

To donate money go to www.justgiving.com/Team-Louis-swim-the-channel

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Sport

Oliphant on form

Boxing round-up

REPTON had 20 boxers in the Junior ABAs at the Five Star club, Harold Hill, and 14 got through to the London stages.

Billy Oliphant was impressive, stopping Newham's M Smith in the last round, while Johnny Johnson looked good beating Tony O'Driscoll (West Ham) on a split decision.

There were points wins for John Lee, Joseph Inman, Henry Turner and Adam Mohammed, but points losses for George Webb, Charlie Rochford, Billy Lee, Ronan Decario and Charlie Scott.

Eight boxers received walkovers into the next round. They were: George Mitchell, Jeff Oliphant, George Ellis, Mike Lee, Harvey Smith, Khalid Masud, Dennis McCann and George Smith.

■ REPTON made their annual trip to Merseyside and beat a Liverpool select

side 5-2. George Barker, nephew of former Repton star and world middleweight champion Darren Barker, was one of the junior successes.

He beat Graham Maddock (North Mersey) on a unanimous decision, a feat matched by Sharheim Somerville against Danny O'Connor (Stockbridge).

There was a hat-trick of points wins for the seniors – Nazeem Lay, Yazidi Mathiew and Toure Abdul.

■ FORMER Repton trainer Nobby Clarke has died. Clarke looked after some classy fighters in the Sixties, including double ABA bantamweight champion and 1968 Olympian Mickey Carter.

■ SUPER lightweight Georgie Wright of Roman Road, Bow, got his professional career off to a winning start.

He beat Ibrars Riyaz on points on the first Fightbox UK show, at Chigwell's Prince Regent Hotel.



Leila Moore wants to become an Olympic sailor

Leila wins yachting honour once Moore

BY PETER FAULKNER

TOWER Hamlets sailor Leila Moore has been recognised as one of the most outstanding youngsters in her sport...again

Leila, 14, who lives on the Isle of Dogs and has been sailing at Docklands Sailing and Watersports Centre (DSWC) since she was ten, has been named the Thames Valley and London Region RYA Youth Champion for the second time.

The awards were created in 2014 to recognise outstanding achievements

by young people across the range of activities the Royal Yachting Association represents, including sailing, windsurfing and power-boating.

Leila said: "I was surprised to be chosen as I had won this award in 2014.

"I absolutely love sailing and, being a city girl, it's an unusual sport to pick, but I am so glad I did.

"I am really proud of myself to get this far and so grateful to my coaches at DSWC for pointing me in the right direction."

Leila has held a string of London

titles since 2012, including club, borough, inner London, greater London and London Youth Games championships.

Her dream is to be an Olympic sailor and she is on the RYA Olympic pathway.

Leila will be moving into an Olympic class boat over the next two years in time for the Youth Olympics in Argentina in 2018.

During school holidays, Leila volunteers four days a week as a coach at the sailing centre to enable her to spend time on the water.

From dole to dugout

Rugby

RUGBY legends Scott Quinnell and Will Greenwood, MBE, are helping out-of-work men to turn their lives around and become TV stars in the process.

The two former giants of the sport will be at Millwall Rugby Club on the Isle of Dogs on March 16 to train unemployed men and mould them into a genuine rugby team.

It is all being done on behalf of the School for Hard Knocks charity which

uses rugby to build confidence and help players find jobs.

And it will form part of a Sky Sports series which will be aired in the summer and follows the progress of all the men from the dole to the dugout.

The players are also given the opportunity to attend a special jobs fair after their eight weeks of training which ends in May.

Sponsored by government and corporate funding, the School for Hard Knocks has a high success rate finding jobs for those who stay the course.

Hockey round-up East make point

**East London ladies 1st...3
Canterbury 2A...2**

EAST London were a point behind Canterbury before this clash at Lee Valley.

But they had a dream start, when Ellis Quinlan cut through the middle and set up striker Emily James for a clinical finish.

Canterbury equalised before the break then took the lead in the second half, before Tori Barker levelled following another Quinlan run.

From the restart East London stole the ball and, after a

one-two with Quinlan, Emily Menzies struck the winner at the far post.

Injuries cut deep

**Bourne Deeping 1st...5
East London men 1st...4**

EAST made the long trip to Bourne Deeping with a squad of 12 and lost John Lyness to a hamstring injury in the first five minutes.

They took an early lead through Henry Emery, only for Bourne to equalise against the run of play.

Bourne then scored three more before the break, leaving

East with a mountain to climb.

But they stepped up a gear in the second half and were rewarded when Adam Lord flicked the ball past the Bourne keeper from a tight angle.

Further goals from Mark Prince and Henry Emery, either side of a breakaway for Bourne, completed the scoring.

East's man of the match was Dominic Valerio. Captain Sam Bodding also impressed.

■ THERE were four East London hat-tricks for the second teams: **Neil Hutchins** for the men in the 5-2 win over Clacton; **Chloe Vaughan** and **Rebecca Sobel** for

the ladies 2nd team in the 6-0 win over County Wanderers, and **Tom Parrott** for the mixed, who lost 9-3 against Clapham Common.

Wapping on the up

WAPPING ladies 1st, and the men's 5th and 7th teams were all promoted three weeks before the official end of the season.

This brings the total number of Wapping teams moving up a division to six (the men 9s, ladies 6s and ladies 7s are already up) and many more are in with a chance to finish top.

The ladies 1s had a double-

header securing two convincing victories that meant they won the East League Division 1S.

**Wapping ladies...4
Bishop's Stortford...1**

■ WAPPING ladies 1s faced Bishop's Stortford on Sunday, February 27.

They made a strong start, with some great attacking play that resulted in a goal in the third minute, after a Fran Sutton strike landed perfectly for Louise Song to touch it in.

Although Wapping had great patches of play, the half-time score remained 1-0.

In the second half, Stortford

came out strong and drew first blood from a penalty corner to make the score 1-1.

This pushed Wapping into a higher gear. Another strong attack down the baseline by Kate Silbermann saw her pass the ball across the D for Helen Rees to tap it home on the post.

A third Wapping goal soon followed, as a breakdown at a penalty corner resulted in Hannah Gage flicking the ball past the goalkeeper.

In the final five minutes, Wapping put the game to bed with a Becky Clark pass into the D that was trapped by Song, who buried her second goal.



Gold medals, and all that Jas

Jasmine Pomeroy, left, of Veras Karate Academy in Poplar, won a gold medal when she competed in the annual student championships in Sheffield representing Kent University.

SEE BELOW

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport



Girls sought for Himalayan trip of a lifetime

Continued from page 40

Last year three members from the Shadwell Basin Outdoor Activity Centre – Mike Wardle and brothers Will and Ian Tytler – went to the Himalayas to climb the Lobuche East Peak.

They also had the opportunity to meet governors of Monjo School (pictured above), who told them the pupils needed warm, down coats because the weather

was too cold to attend lessons without them.

"We are buying 50 of these coats as well as sports equipment, pens, pencils and rucksacks," said Mike.

"As this is our 40th anniversary, we wanted to do something special and helping the pupils of Monjo fitted in perfectly."

The expedition will cost £28,000 and the centre and young members are raising funds throughout

the year to enable the trip to take place.

So far £17,000 has been raised and the centre is confident it will reach its target.

If you would like to support the team, details of fundraising events will be listed at www.shadwell-basin.co.uk or you can make a donation via the fundraising page at www.virginmoneygiving.com/kala-patthar-challenge

Basketball Lions slay Giants

Manchester Giants 67
London Lions 86

LONDON Lions were hoping to use this superb win as a springboard to more success with games at Newcastle then at home to Surrey Scorchers to come.

Demond Watt top-scored with 23 points, 14 rebounds and four assists, with Nick Lewis also playing a valuable role by getting 18 points.

Lions established an 18-point lead in the third quarter and kept the Giants at bay.

Squash Mosaad history bid

TOP seed Omar Mosaad is aiming to become the first Egyptian winner of the Canary Wharf Squash Classic, at East Wintergarden from March 7-11.

He reached the final of the US Open in October where he beat England's Nick Matthew, five-time winner at the Wharf.

Mosaad, ranked four in the world at the beginning of this year, will meet England's world No 24 Chris Simpson in the first round, while second seed Simon Rosner of Germany, runner-up to Matthew in 2015, will pose a major threat.

Lina leads the way as five win uni gold

BY PETER FAULKNER

FIVE of east London's top student athletes won gold medals at the British Universities and Colleges Sports Championships.

It was the girls who were in control with Lina Nielson and Kate Karwacinski of Queen Mary University, Mile End, Aimee Wilmott (Univeristy of East London) and Jasmine Pomeroy (University of Kent) all winning their events.

To complete an incredible championships at the Ponds Forge Arena, Sheffield, judo player Emmanuel Nartey (University of East London) also earned gold.

Nielson sprinted to the 400m title and is looking forward to the outdoor season.

She said: "Being the fastest runner in the field, I knew that the gold medal would be mine if I just stayed focused and performed to the best of my ability.

"It was a good way to end my indoor season and I'm looking forward to seeing how I can build on this."

Karwacinski won karate gold in the ladies senior -68kg kumite, giving her the title for the third successive year. She also picked up a bronze medal in the kata.

England representative Kate said: "I just

missed out on a place in the kata final, but I was delighted with the kumite gold even though I had to beat a friend and England team member."

Olympian Wilmott did her Rio selection hopes a power of good by smashing another record in the pool.

In the 800m freestyle she gave the Team GB selectors another nudge when she broke the BUCS record of 8mins 36secs.

She also won the 400m individual medley and 200m backstroke.

Pomeroy, a member of Poplar's Veras Karate Academy, won her medal in the -61kg team kumite and also picked up a silver as runner-up in the individual kumite.

She now hopes to get called up for Great Britain at the University European Championships.

Nartey, 32, is studying for a PhD in international law and human rights.

The Ghanaian, who also has his sights on making his country's team for Brazil, marked his BUCS debut by beating the

University of Sunderland's Maciej Dlugosz in the under-81kg category.

A veteran of the London 2012 Olympics, Nartey said: "For me, personally, it's a great achievement and also for the university.

"Of course I felt the pressure. On the world stage I know the players and how they fight, but here there are a lot of surprises as you don't know what the athletes are doing."

Queen Mary's karate ace Erato Antoniou was also on the podium for the -55kg kumite, where she took the silver medal. "This was an incredible experience and I will try my best to get that gold medal in the next BUCS championships," she said.



Lina Nielson wins gold in the 400m

Soccer round-up Title dream fades

FC HAMLETS have resigned themselves to the reality that their Essex Senior League Division Two dreams are over for another season.

They needed to beat league leaders Catholic United away from home to stand any chance of the championship.

But they were beaten 1-0 and that victory means Catholic are virtually champions.

Despite this disappointing defeat and a host of missed chances, Hamlets are still in with a chance of finishing second, although third-placed Great Baddow are just one point behind with three games in hand.

Sporting struggle

IT'S been a topsy-turvy couple of weeks for Sporting Bengal UTD, who had hoped their 3-1 win over Waltham Forest would be the start of a winning run.

But they followed that win with a 4-0 defeat at Barking and then suffered a 2-1 setback in midweek at Stansted.

On February 27, Bengal were at home to Newham and they managed a 2-0 win.

■ TOWER Hamlets FC followed up their 2-1 defeat at home to Bowers & Pitsea with a 3-1 loss at Sawbridgeworth.

■ TOWER Hamlets WFC came close to a fine home win over their old nemesis, Hampstead.

They battled well in the first half and kept the game goal-less at the interval.

Hampstead came out fired up after the break, but the east Londoners took the lead through Carmel Pragnell.

Then Hamlets found themselves on the end of two long strikes and had victory snatched from their grasp.

■ FIGURES from the Essex Senior League show that, despite mixed fortunes on the pitch, Tower Hamlets FC's crowds have grown by 50 per cent to an average of 69 spectators per game, while Sporting Bengal's have fallen by 21 per cent to an average of 30.

The best supported club are Clapton, who have seen home gates rocket by 73 per cent to 315 per game.



More inside

For stories on football, athletics, hockey, boxing and more...

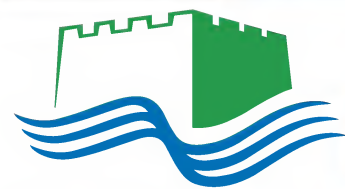
SEE PAGES 37-39



Keeping warm in Nepal

Volunteers from Shadwell Basin Outdoor Activity Centre have raised money to buy down coats for pupils at Nepal's Monjo School, so they will be warm enough to attend lessons.

SEE BELOW



TOWER HAMLETS

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

eastendsport

Girls wanted for trip of a lifetime

BY PETER FAULKNER

SHADWELL Basin Outdoor Activity Centre adventurers are appealing for teenage girls to join them on a £28,000 trip of a lifetime to the Himalayas.

The centre, celebrating its 40th anniversary this year, is raising cash so that 12 youngsters aged 16 and over can climb the 5,555m Kala Patthar mountain in Nepal in October.

And, as part of the expedition, they will also help out at a Nepalese primary school.

But director Mike Wardle said he would more girls to take part, as they only had two at present.

"I would like more girls in Tower Hamlets to come with us – all they have to do is raise £360 towards the trip," he said.

"They must be aged 16 or over and any girl in the borough who wants an adventure with a difference is welcome to join us."



Kala Patthar mountain range and (right) pupils at Monjo School, where explorers will help develop facilities

The group of 12 will spend 22 days during October and November walking in the Everest Valley. During the trek, they will learn about the region, its people and the environment.

The centre has also built a

link with Monjo School in the Himalayas.

While there, group members and centre staff will complete a community project to develop playground and PE facilities.

■ Continued on page 39



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